



Summary of Driving and Dementia Forum Workshop – Where did I leave the car?

Giving up driving would be hard because.....	Giving up driving would be great because.....	What would help me if I no longer had a drivers licence?	How would you start a conversation about having to stop driving?
<ul style="list-style-type: none"> • Don't want to or can't walk • Have to rely on others • Reduces self esteem • More time needed to achieve shopping, social, medical appointments • Public transport doesn't run when I need it or go where I need to go • Have to wait for public transport, may have to stand if no seats • Local shops are disappearing and becoming centralised so it is now further to walk or navigate • Memory or problem solving issues makes organising alternatives hard • Memory or temptations to drive may still exist • Become isolated 	<ul style="list-style-type: none"> • Financial benefit • Lower stress levels • Always arrive safe • No parking tickets, speeding fines, finding car parks • Enforced exercise • Less expensive • Chat more with the locals • Can enjoy the sights on a trip • More gardening would get done 	<ul style="list-style-type: none"> • Move closer to facilities—doctor, shops, hair dresser etc • Supports to alternatives • Access to alternatives • Greater availability to alternatives • Tap into local community centre • If family and friend offer transport, not requiring me to ask • A comprehensive list of substitute services 	<ul style="list-style-type: none"> • Start with positives then lead to concerns. Present evidence that is concrete • Have feedback from expert—driving instructor, doctor, occupational therapist, DTEI • Planning to stop—suggest limitations, short distances etc • Use a date in the future—advance directive approach

<ul style="list-style-type: none"> • Risk of depression • Everything has to planned in more detail....less spontaneous • Loss of choice re daily activities • Loss of identity and freedom 			
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Number of service providers and consumers who attended the forum – 74

Number of service providers – 51

Number of consumers – 23

Evaluations received – 48

Consumers – 22

Service providers – 26

Were the presentations interesting and informative?

18 consumers ‘learnt a lot’ from the presentations, 4 found it ‘quite useful’

20 service providers ‘learnt a lot’ from the presentations, 6 found it quite useful

Specific Questions:

1. Did the forum increase your understanding of the issues relating to memory loss and driving?

12 consumers learnt a lot, 10 found it quite useful

19 service providers learnt a lot, 7 found it quite useful

2. Did the forum improve your knowledge of what can be done when there are concerns for a person being at risk when driving?

10 consumers learnt a lot, 10 found it quite useful and 1 not really

18 service providers learnt a lot, 8 found it quite useful

3. Did the forum improve your knowledge of transport options available when relinquishing a driver's licence?

9 consumers learnt a lot, 7 found it quite useful and 2 not really

5 service providers learnt a lot, 15 found it quite useful and 3 not really

<p>Consumer comments included –</p> <ul style="list-style-type: none">• Very interesting day, well presented• All speakers were very interesting in their presentations• Generally the day was very informative, would have liked more question time• Too long to concentrate• The day was most enjoyable• All the presenters were informative and interesting• I gained lots of knowledge and skills• Thank you for the day, well done	<p>Service provider comments included –</p> <ul style="list-style-type: none">• I particularly enjoyed the presentations by Ron Jenkins and Michael Lord (police) – I feel it added a balance of community interest/members amongst the more specialised presenters (health professionals)• Well planned• Great variety of speakers• Nice balance of 'professional learning opportunities and 'personal learning'• All of it was informative, helpful and interesting• Great handouts• Brilliant way to manage information collection (workshop)• Great information for my workplace (re driver trained OT)• All speakers were very informative• Great day• Would like to attend further sessions in the future please• Appeared a bit long for others on my table (older people)• A very informative and well presented forum in a good setting – good accessibility and comfortable environment• I loved hearing about the role of OT's in this matter (as an OT myself)• All was interesting and info/updates a good resource
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| | <ul style="list-style-type: none">• I learnt a lot of relevant, helpful information. Thank you!• The question and answer at the end was a good idea• The order of presenters was well organised• Good to have a person in blue uniform (easy to identify)• Very good day – well organised |
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Consumer Postcodes

5048 – Brighton / Hove

5022, 5022 – Grange / Henley Beach

5041, 5041 – Colonel Light Gardens / Daw Park

5043, 5043, 5043 – Marion / Morphettville

5161 - Reynella

5168, 5168 – Noarlunga Centre, Old Noarlunga

5159 – Aberfoyle Park / Happy valley

5049, 5049 – Seacliff / Marino

5013 – Pennington / Rosewater

5046 – Oaklands Park / Warradale

5169, 5169 – Seaford, Moana

5167 – Port Noarlunga

5163 – Hackham, Onkaparinga Hills

5044 – Somerton Park, Glengowrie