

Dementia Workgroup  
 Co-Production Work shop 3  
 28/11/17

10:00	<p><b>Welcome &amp; Introductions</b>  <b>Reminder</b> of group norms</p> <p><b>Review</b> what was done in the last meeting –          Elements of a good life, Tree of strengths,          Understanding respite</p> <p><b>Review the principles of co-production</b></p>	<p>Have an attendance list          Sticky labels for each person to          write name on</p>
10:10	<p><b>Warm-up</b>          Quick quiz: Wellness          Complete in groups of 3-4</p>	
10:25	<p>Small group discussion: one person nominated to          scribe</p> <p><b>Respite Experience:</b></p> <ul style="list-style-type: none"> <li>• What is available?</li> <li>• What are the different models of respite?</li> <li>• Have you used respite and was it a good          experience?</li> <li>• Was it client centred?</li> </ul>	
10:45	Report back to large group and discuss	
11:05	MORNING TEA	
11:20	<p>Small group discussion: one person nominated to          scribe</p> <p><b>A Valued Respite Experience:</b></p> <ul style="list-style-type: none"> <li>• What would be my ideal respite option?</li> <li>• How could it be implemented?</li> <li>• How would it contribute to <b>our</b> wellness?          How does it connect with <b>our</b> strengths?</li> <li>• How often is the respite needed?</li> </ul>	
11:40	<p>Report back to large group and ‘theme’ the          information to identify similarities.</p> <p>Work with the group to identify a project direction</p>	

	from the information collected, based on what the group has identified as a valued respite experience.	
11:55	Summarise what has been covered today Plan for next meeting Next steps include project planning	

Things to gather:

Attendance list

Sticky labels

Folders (for any new participant)

Note paper

Pens

Coloured pens

Markers

Post it notes