

THE PLANNING IN PARTNERSHIP PROGRAM

The aim of the Planning in Partnership Program is to provide support to carers (parent or other) of an adult child with a disability by acknowledging the changing needs that arise as a result of ageing, and to providing relevant information for carers so that informed decisions can be made in anticipation of these changes.

INFORMATION/RESOURCE GROUPS

Series of 6 consecutive weekly information groups held at various locations throughout the year. Group content is listed in this leaflet.

SUPPORT PLAN

A template care plan is available to carers to assist with recording information about the caree's history and care needs. The plan takes the form of an informal 'Storybook' document and includes a 48 hour emergency plan.

RESPITE AND CARELINK SERVICES

Short term, occasional and emergency respite for Carers and information about ageing, disability and mental health services can be provided by the Respite and Carelink Centre (1800 052 222)

Listening to Carers' concerns, connecting with other Carers, ensuring Carers are registered and linked into respite and other relevant community services and connecting with agencies that will assist with legal and financial issues are all important components of the assistance offered.

**Planning in Partnership Program
Carer Support & Respite Centre Inc.
1800 052 222 - 8379 5777
290 Glen Osmond Road
Fullarton 5063**

*Funded by the
Australian Government*



CARER SUPPORT & RESPITE CENTRE INC

PLANNING IN PARTNERSHIP

FREE INFORMATION GROUPS FOR OLDER CARERS

NEXT SESSIONS COMMENCING Wednesday 20th June 2012

Karawatha Community Centre

Baden Terrace, O'Sullivan Beach

"What will happen when it becomes harder to care for my child?"

The aim of the PIP Program is to provide information and resources to carers (parent or other), planning for a time when the caring role becomes harder to manage, or when carers have to relinquish care due to health needs and limitations.

This is an invitation to carers of a younger adult person with a disability to meet with others to assist in the planning process. Carers may come on their own, or with another person to help with the planning process.

The Program Coordinator can discuss the program and answer any questions prior to the groups if required.

Please call and book if you will attend these sessions.

Please let us know:

- ❖ numbers attending for catering and information packs;
- ❖ If you have ***special dietary needs***;
- ❖ If you need respite care or transport to enable you to attend.

The groups will be held on Wednesdays over six consecutive weeks. Morning tea will be available each week and a light lunch will be provided at weeks 1 and 6.

Group sessions will commence on Wednesday 20th June 2012 and run weekly until 25th July.

Group sessions are different each week. You are encouraged to come to them all, or you may just come to those which will give you the information you need. A comprehensive range of relevant information leaflets and fact sheets will be available.

TO BOOK: contact support admin on 8379 5777

For any queries, contact Vicki Schafer 8379 5777

**All sessions will be held at the Karawatha Community Centre, Baden Terrace (opposite Hill Street), O'Sullivan Beach, SA 5166
Parking is available in the car park.**

Session topics will include:

WEEK 1: Wednesday 20th June, 10:00 am - 12:30pm

Welcome

A Carer's Perspective

- Introduction by Planning in Partnership staff.
- Miriam High, (a parent Carer) will speak about how she set up a **Storybook Plan and emergency plan** for her daughter.
- A storybook template and a 48 hour Emergency Respite plan template will be provided.
- A light luncheon will be provided.

WEEK 2: Wednesday 27th June, 10:00 am - 12:30 noon

Respite and other Community Care Options

- Presentations by Carer Support staff on Information, Respite and Support for Carers
- Ross Sands from PlanNET, will speak about forming networks of support around the person for whom you care.
- DVD presentation 'Circles of Support'

WEEK 3: Wednesday 4th July, 10:00 am - 12:30 noon

Disability Services and MINDA services

- Speakers from **Disability Services SA** about service coordination & accommodation
- Speakers from MINDA about Minda support services

OR

Mental Health Resources

- Carers of a person with mental illness will visit MIFSA Panangga, at 64 Elgin Avenue, Christies Beach 5165. You may choose to go as a small group or to meet at Panangga.

WEEK 4: Wednesday 11th July, 10:00 am - 12:30 noon

Legal Issues

- Presentation about Wills and Discretionary Trusts, Enduring Power of Attorney and Guardianship and Guardianship issues
- Where to get information and help

Advocacy:

- A speaker from DACSSA (Disability Advocacy & Complaints Service SA)

WEEK 5: Wednesday 18th July, 10:00 am - 12:30 noon

Caring for the Carer

- Presenter from Carers Mediation and Counselling Service, Uniting CareWesley Adelaide

WEEK 6: Wednesday 25th July, 10:00 am – 12:30 pm

Putting it all together & Luncheon

- Putting it all together—a review of all sessions followed by a light luncheon

Please Book: contact support admin on 8379 5777

For any queries, contact Vicki Schafer 8379 5777 or 0409 679 497
Planning in Partnership Coordinator