



SOUTHERN SERVICES  
REFORM GROUP

**SSRG Steering Committee Meeting  
28 March 2022**

**Chair:** Janine Callegari (Care and Share)

**Location:** City of Marion & Online

**Present:** Maria Shialis (SSRG), Lui Di Venuto (City of Onkaparinga), Rima Sallis (City of Marion), Tania Robertson (ACNA), Tali Warnock (Anglicare), Sarah Nicholas (ARAS), Roy Inglis (Dept of Health), Jacqui Bowden (GOCSA), Molly Salt (Alwyndor), Rachel Telfer (COTA SA)

**Apologies:** Monica Du Plessis (City of Holdfast Bay), Joanna Golaszewska (Multicultural Aged Care), Katrina Head (City of Mitcham), Kate Strauss (Kalyra Communities), Carly Hamilton (Baptist Care), Mel Olsson (NVTN), Carol Linder (Catalyst Foundation), Jayne Eckermann (Camden Community Care), Prue Neumann (Life Care), Grant Edwards (Aged Care Alternatives)

Agenda Items	Discussion	Actions
1. Welcome and apologies	Welcome and apologies	
2. Introductions and review of previous minutes	Introductions were made  Previous minutes reviewed and accepted	
3. Guest Speakers	a. <b>Rachel Telfer, Project Officer – Community Programs</b>  Until June COTA SA is delivering a free, group information session on using public transport.	<b>Maria – Shared information with the SSRG Network Distribution List</b>

It has tips and info to help older people navigate and make the most of the system, which provides accessible and affordable transport.

The new Labor government promised to make travelling with a Seniors Cards free all the time, which may increase interest in public transport use.

### **Seniors On Board**

#### **Group Information Sessions**

Catching a bus, train or tram can be an enjoyable and inexpensive, alternative to driving. COTA SA is working with the Department for Infrastructure and Transport to deliver an information session to seniors' groups on using public transport.

The information sessions were co-designed with older people who told us what is important to them when travelling on Adelaide Metro services. The session demystifies accessing timetables and routes, includes what to consider when planning a trip, how to enjoy the trip, accessibility services, being prepared to travel without a car, and more.

This session is suitable for new and regular public transport users. Information will be tailored to suit the groups' needs. For people who are finding it a bit daunting we are also offering a practice journey with a Peer Educator.

#### **Booking Information**

Book a session via email [bookings@cotasa.org.au](mailto:bookings@cotasa.org.au) or ph 08 8232 0422.

Sessions are free for seniors clubs and groups of any size.

Volunteer peer educators present the sessions at your venue, at a time that suits you and your group.

#### **b. Sarah Nicholas, Advocate, ARAS**

The Aged Rights Advocacy Service (ARAS) offers a free, confidential and state-wide service to older people, or their representatives, who are:

- living in residential aged care
- receiving Commonwealth Home Support Programme (CHSP) or Home Care Package (HCP) services

	<ul style="list-style-type: none"> <li>• at risk of, or experiencing abuse from family or friends</li> <li>• living in a retirement village.</li> </ul> <p>ARAS also has specialist Aboriginal Advocates who provide culturally safe support and host an annual Intergenerational Elders and Youth Gathering in regional South Australia.</p> <p>Currently, ARAS is participating in the Aged Care System Navigator Trial, which supports older people in navigating the aged care system and accessing services.</p> <p>ARAS provides advocacy assistance to support older people to uphold their rights and their responsibilities.</p> <p>ARAS Community Care advocacy can assist the older person or their nominated representative if they use or are eligible for the Commonwealth Home Support Program (CHSP) or Home Care Package (HCP) services. An advocate can help them:</p> <ul style="list-style-type: none"> <li>• Get started – establish their agreement and care plan</li> <li>• Negotiate fees that they may be asked to pay</li> <li>• Review their agreement and care plan</li> <li>• Raise issues of concern or present complaints</li> </ul> <p>ARAS can support the older person to be in control of their care services, to speak up about care concerns, and to uphold their rights; to have a voice and a choice.</p> <p>Further information about ARAS can be found at:  <a href="https://www.sa.agedrights.asn.au/">https://www.sa.agedrights.asn.au/</a></p>	
<p><b>4. Discussion &amp; Update</b></p>	<p><b>a. Aged Care Reforms – new Support at Home</b>  <b>Roy Inglis, Senior Project Officer, Adelaide Regional Team, Department of Health</b></p> <p>General conversation regarding the reforms. Impending election to be announced.</p>	

<p><b>5. What's coming up?</b></p>	<p><b>a. Hot Topics</b></p> <ul style="list-style-type: none"> <li>• Hosted by SSRG and the Hills Positive Ageing Project, delivered 10-11am, via Zoom.</li> <li>• This year's Hot Topic theme is Reforms, Milestones &amp; Actions.</li> <li>• "Knowledge is Power" held on Thursday 10 March. Guest speakers Lucy Chalmers (DoH) and Craig Frost (ACSA). Registered: 100. Attendees: 70</li> <li>• Upcoming Hot Topics scheduled for June, July, and September.</li> <li>• "Hot or Not?!? Licorice All Sorts" scheduled for Thursday 10 November.</li> </ul> <p><b>b. Same Same but Different Forum</b></p> <ul style="list-style-type: none"> <li>• Forum is co-hosted by the Collaborative Project Officers from Southern Fleurieu &amp; Kangaroo Island Positive Ageing Taskforce, Hills Positive Ageing Project, Riverland Murray Coorong Taskforce and Southern Services Reform Group.</li> <li>• Scheduled for Friday 20 May 2022 at the Secret Garden, Marion Hotel.</li> <li>• Keynote speaker: Nick Morgan, Assistant Secretary, Support at Home Reform Branch, DoH.</li> <li>• Special guest speakers: Cassie Masson (OFAW), Leanne Davis-King (City of Port Adelaide Enfield) and Jane Mussarad (COTA SA)</li> <li>• Save the Date flyer sent out.</li> </ul> <p><b>c. Carers Toolbox</b></p> <ul style="list-style-type: none"> <li>• Dementia Carers Co-Production Workgroup have been working on a wellness resource – "Carers Toolbox". The resource, in the form of a book, aims to assist carers in navigating experiences of day to day life.</li> <li>• Working on final concept design. Proposed distribution June 2022.</li> </ul>	
<p><b>6. SSRG Project Officer Update 28 March 2022</b></p>	<p><b>COVID-19</b></p> <ul style="list-style-type: none"> <li>• A number of our face-to-face workgroups have been modified (delivered online or through hybrid format – online and face-to-face) or postponed following government recommendations. For more information, contact the Coronavirus</li> </ul>	

Health Information line on 1800 020 080 or go to [sahealth.sa.gov.au/COVID2019](https://sahealth.sa.gov.au/COVID2019).

- Information sharing with networks, including but not limited to government updates, webinars, service provider updates, linking service providers to appropriate avenues.

#### **SSRG Website**

- Maintaining website

#### **Hot Topic Interactive Webinar**

- Hosted by SSRG and the Hills Positive Ageing Project, delivered 10-11am, via Zoom.
- This year's Hot Topic theme is Reforms, Milestones & Actions.
- "Knowledge is Power" held on Thursday 10 March. Guest speakers Lucy Chalmers (DoH) and Craig Frost (ACSA). Registered: 100. Attendees: 70.
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#### **Dementia Carers Co-Production Workgroup**

- City of Onkaparinga Wellness for Carers (Respite Program) and City of Mitcham working with the workgroup to co-design a resource to give to new carers joining the respite program. The carers are exploring a wellness approach.
- The project developed is the Carers Toolbox and expected finalisation by June 2022. The resource, in the form of a book, aims to assist carers in navigating experiences of day to day life.

	<p><b>Social Programs Workgroup</b></p> <ul style="list-style-type: none"> <li>• The Social Programs Workgroup has participants (n=25) attending from Southern metro region (and a few from the East). Average attendees per meeting: 11.</li> <li>• Information sharing format, focusing on sharing different social program models and activities, COVID-19 and impact on programs.</li> <li>• Meetings will be held face-to-face, according to COVID-19 restrictions. In the event of tightened restrictions, meetings will be held online.</li> <li>• Meeting dates scheduled for April 2022 onwards.</li> </ul> <p><b>Ageing and Technology Workgroup</b></p> <ul style="list-style-type: none"> <li>• The group is exploring how the Tech for Wellbeing site can potentially compliment and support the training that is delivered to older people in the libraries. There is interest by the four southern metro libraries to potentially use the training for their staff and volunteers.</li> <li>• It is anticipated that training sessions will occur in the coming months – an email has been sent to prompt stakeholders to nominate training dates. <i>*Postponed until further notice, due to COVID-19</i></li> </ul> <p><b>Quad-Council Initiatives</b></p> <p><b>New Wellbeing Program</b></p> <ul style="list-style-type: none"> <li>• Supporting the quad-council collaboration with a new wellbeing program.</li> </ul> <p><b>2022 Calendar</b></p> <ul style="list-style-type: none"> <li>• SSRG working in partnerships with cities of Holdfast Bay, Marion, Mitcham and Onkaparinga, and in collaboration with community members, to deliver 2022 Calendar. Distribution from December onwards.</li> </ul>	
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	<p><b>SA Collaborative Projects</b></p> <p><b>Let's Dive Into... Workforce Forum</b></p> <ul style="list-style-type: none"> <li>• SSRG, Hills Positive Ageing Project, Riverland Mallee Coorong Taskforce and Southern Fleurieu &amp; Kangaroo Island Positive Ageing Taskforce distributed the Workforce Forum Summary Report to each network/taskforce, and to federal and state representatives.</li> </ul> <p><b>Same Same but Different Forum</b></p> <ul style="list-style-type: none"> <li>• SSRG, Hills Positive Ageing Project, Riverland Mallee Coorong Taskforce and Southern Fleurieu &amp; Kangaroo Island Positive Ageing Taskforce have partnered to deliver forum on Friday 20 May, 9.30am – 3.30pm at the Marion Hotel, Mitchell Park.</li> <li>• Keynote: Nick Morgan, Assistant Secretary, Support at Home Reform Branch, DoH</li> <li>• Special guest speakers: Cassie Masson (OFAW), Leanne Davis-King (City of Port Adelaide Enfield) and Jane Mussarad (COTA SA)</li> </ul> <p><b>ABC of Unit Costing for CHSP Service Providers</b></p> <ul style="list-style-type: none"> <li>• SSRG in partnership with the three other metro Collaborative Projects and Multicultural Aged Care, organised Carrie Hayter Consulting to deliver ABC of Unit Costing for CHSP Service Providers information session and workshops.</li> <li>• Two workshops (22 Feb and 1 March). Attendees: 75</li> </ul>	
<p><b>7. Information sharing</b></p>	<p>The group had a general discuss.</p>	

**Next Meeting: Monday 23 May 2022**

**Time: 2.00 - 4.00 pm (Exec meets 1.30 – 2.00pm)**

**Venue: City of Marion**