



SOUTHERN SERVICES
REFORM GROUP

SSRG Steering Committee

Date: 27/7/2020

Present: Maria Shialis (acting SSRG, City of Onkaparinga), Tali Warnock (Anglicare), Janine Callegari (Care and Share) and Raman and Anne (students), Carole Matthews (Resthaven), Lui Di Venuto (City of Onkaparinga), Rima Sallis (City of Marion), Monica Du Plessis (City of Holdfast Bay), Sarah Nicholas (Kalyra Communities), Kelly Quinlan (ACH), Carol Linder (Catalyst Foundation) Mireille Bucher (Guide Dogs SA/NT)

Apologies: Tania Robertson (ACNA), Maria Johns (Multicultural Aged Care), Cathy Wiseman (City of Marion), , Roy Inglis (Dept of Health), Mel Olsson (Anglicare), Jacqui Bowden (Assured Home Care), Dev Vasumathy(Baptist Care), Carly Hamilton (Baptist Care), Anne Higginson (Life Care), Molly Salt (Alwyndor), Katrina Head (City of Mitcham), Jayne Eckermann (Camden Community Care), Tania Westwood (Southern Adelaide Local Health Network), Grant Edwards (Aged Care Alternatives), Carol Linder (Catalyst Foundation), Lynne Hosking (APM)

Agenda Items	Discussion	Actions
Welcome and apologies	Welcome and apologies	
Introductions and review of previous minutes	Introductions were made Previous minutes reviewed and accepted	
Guest Speaker	Mireille Bucher, Business Development Consultant, Guide Dogs SA/NT <ul style="list-style-type: none">• More than just guide dogs, offer a range of services to the community• Guide Dogs has a team of clinicians, orientation instructors and occupational therapist, under NDIS and MAC/CHSP provide service to increase independence of people to get back out into the community	SSRG to share contact details

	<ul style="list-style-type: none"> • Due to COVID, a lot of risk assessing is happening to deliver services, in the interest of protecting consumers and staff • Through welfare checks it was identified that social isolation has increased threefold. • Trying to connect with other services and community to support each other during this time • Additionally, have a program for people with an acquired brain injury. Making sure when leaving hospital and returning home, that the home is a safe environment • Team is also specialised in assistive technology • Offer training - human guide training, create bespoke packages 	
SSRG website	<ul style="list-style-type: none"> • SSRG website host will be ceasing operation by December 2020 and would require a new host • It would also be an opportunity to give the website a new modernised look • City of Onkaparinga (CoO) can host and design the website, but will not have any CoO branding or governance of the content • Mock up of the website was shown to the group – feedback included keeping the archive, banner looked modern, and liked the idea of a dashboard 	
Discussion	<p>a. CHSP COVID-19: Recovery Response produced by the SA Collaborative Projects</p> <ul style="list-style-type: none"> • CPO’s completed a research project with consumers and service providers in SA, metro and regional, to identify the needs in response to recovering from COVID-19 • Report was sent out to the Commonwealth and the SSRG network • Interesting statistics around technology and that 100% of consumers of Social Support Groups would need to return to programs in the sake of their wellbeing • There were four key recommendations coming out of the research <p>b. New CHSP Manual 2020-2022</p> <ul style="list-style-type: none"> • New CHSP Manual 2020-2022 is now available • There are some significant changes in the manual • Happy to share a document that highlights the changes in the new manual, however it is noted that this is not an official document by the Commonwealth 	Document sent out to those who expressed interest.
Information Sharing	<p>Lui Di Venuto (City of Onkaparinga)</p> <ul style="list-style-type: none"> • Currently recruiting for the SSRG Project Officer position • Revamped, rebooted services in some form or another. Being cautious of risks and what might happen if we would have to go back to suspending services 	

	<p>Rima Sallis (City of Marion)</p> <ul style="list-style-type: none"> • Slow approach to resuming group activities • Surveying participants and how groups should look like moving forward. Opportunity to revamping groups • Assessing Community Buses services, slowly coming back on the road potentially in August <p>Kelly Quinlan (ACH)</p> <ul style="list-style-type: none"> • Getting groups back on board • Conducting reviews of groups, some modified • Connected Communities project – finding participants are either keen to get out and some still hesitant due to looming second wave coming from Victoria <p>Sarah Nicholas (Kalyra Communities)</p> <ul style="list-style-type: none"> • Do not hold any groups as such, more one-on-one funding with CHSP • New Director and changes happening, but business as usual for now <p>Carole Matthews (Resthaven)</p> <ul style="list-style-type: none"> • Groups starting up, and practicing cleaning protocols. Starting with small groups at a time, so doubled up groups • Respite Cottage services did not stop, just reduced numbers • Due to COVID, found that people were feeding back that they did not need home services, reflecting wellness and reablement practice. Opportunity to look review what people do need and delivering services in a different way, rather than discontinuing services <p>Janine Callegari (Care and Share)</p> <ul style="list-style-type: none"> • Care and Share at home, newsletters, home pack, activities, cookies/muffins, phone calls etc. • Hall big enough to resume groups, whilst undertaking all necessary COVID risk management requirements, i.e. cleaning, contact tracing, social distancing, etc. • Send out survey to consumers, opportunity to review programs • Consumers excited to be back • Team building activities on values and strengths, this will help create a values statement of Care and Share <p>Monica Du Plessis (City of Holdfast Bay)</p> <ul style="list-style-type: none"> • Merged with Alwyndor for all aged care services • Alwyndor has contracted City of Holdfast Bay council team to deliver social support and transport 	
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	<ul style="list-style-type: none"> • Slowly returning to services, community buses are back but not doing all runs due to social distancing, café groups are back • Beginning of August community groups should be back in action <p>Tali Warnock (Anglicare)</p> <ul style="list-style-type: none"> • Starting up groups, not advertising, smaller groups meeting more frequently • Referrals been busy 	
<p>SSRG Project Officer Update – 27 July 2020</p>	<p>SSRG Staffing Update</p> <ul style="list-style-type: none"> • Maria Shialis acting in the SSRG Project Officer role • Currently in process of recruiting SSRG Project Officer position <p>COVID-19</p> <ul style="list-style-type: none"> • A number of our face-to-face workgroups have been postponed following government recommendations. We are currently looking at different ways to keep these groups active. For more information, contact the Coronavirus Health Information line on 1800 020 080 or go to sahealth.sa.gov.au/COVID2019. • Information sharing with networks, including but not limited to government updates, webinars, service provider updates, linking service providers to appropriate avenues. • SSRG created a live folder and documents, shared with the network, to support the region on COVID-19 actions, initiatives and wellness resources to support consumers. • Metro Collaborative Project Officers (CPOs) working with service providers and RAS regarding updating revised service information, due to COVID-19 restrictions. <p>SSRG Website</p> <ul style="list-style-type: none"> • Due to website Host ceasing operation in December 2020, SSRG is exploring options and redeveloping the website. <p>Ageing and Technology Workgroup</p> <ul style="list-style-type: none"> • The group is exploring how the Tech for Wellbeing site can potentially compliment and support the training that is delivered to older people in the libraries. There is interest by the four southern metro libraries to potentially use the training for their staff and volunteers. • It is anticipated that training sessions will occur in the coming months – an email has been sent to prompt stakeholders to nominate training dates. <p><i>*Postponed until further notice, due to COVID-19</i></p>	

Social Programs Workgroup

- The Social Programs Workgroup has participants attending (n=18) from both Southern and Eastern metro regions. Number of people attended: 8
- There has been a focus on sharing different social program models and activities. Discussed COVID-19 and impact on programs, and re-commencement of programs. Due to current circumstances, the group now meets monthly. Meetings held via Zoom since March.
- Brainstormed social movement/campaign “Eat Together”, using food as a social medium to bring people together. Workgroup members scoping out engagement of potential participants.

Dementia Carers Co-Production Workgroup

- Dementia Friendly Communities Action Plan opportunities: Workgroup are exploring the idea of Wellness Café group for carers. Influenced by their time during COVID-19 and the importance of keeping a wellness focus.
- City of Onkaparinga Wellness for Carers (Respite Program) working with the workgroup to co-design a handout to give a new carers joining the respite program.
- Due to COVID-19, the group meet in between monthly meetings for wellness sessions. Each session, workgroup members actively took the lead to explore a wellness topic with support from SSRG. The group now feels confident to meet independently.
- Meetings are now held monthly. Held via Zoom since March.

State-wide Collaborative Projects**Wellness & Reablement in Practice: A Training & Learning Guide**

- Sent out to the network, and can be accessed via the SSRG website: <https://www.ssr.org.au/content/wellness-resource>.
- SSRG, Hills Positive Ageing Projects (HPAP) and Murray Mallee Ageing (MMA) partnered with Better Practice Project (BPP), developed and held four interactive webinars:
 - Fireside Chat: 16 June, 1 hour, via Zoom. Participants: 58.
 - Change of Circumstances, Mary: 25 June, 1 hour, via Zoom. Participants: 17.
 - Annual Review of Grandfathered Client, Marge: 1 July, 1 hour, via Zoom. Participants: 13.
 - Meals/Social Support Group, Eric: 2 July, 1 hour, via Zoom. Participants: 8.
- SSRG, HPAP, MMA and BPP developed resources and training package to be rolled out through the other Collaborative Projects.

	<p>CHSP COVID-19 Recovery Response Report</p> <ul style="list-style-type: none"> Engaged sector to participate in a state-wide Collaborative Projects survey/research project. Final report to be sent out to the network. <p>Hot Topic</p> <ul style="list-style-type: none"> In progress of planning and scheduling upcoming interactive webinars. <p>Information Session</p> <ul style="list-style-type: none"> Aged Care Community Information Session to be delivered by COTA SA, scheduled at City of Onkaparinga Civic Centre on 6 May 10am-11.30am. Aged Care Providers will be invited to host a trade table. <i>*Postponed until further notice, due to COVID-19</i> <p>Moving Towards Wellness</p> <ul style="list-style-type: none"> Due to COVID-19 and workshops postponed until further notice, an email has been sent to request an extension of license. <p>Because I Can Online</p> <ul style="list-style-type: none"> Discussions with In White Space regarding proposed idea Workgroup to meet <i>*Postponed until further notice, due to COVID-19</i> <p>Quad-Council Initiatives</p> <p>Suite of Wellbeing Workshops <i>*Postponed until further notice, due to COVID-19</i></p> <p>Taster Workshops</p> <ul style="list-style-type: none"> Exploring the possibility of running Wellbeing Taster workshops. 	
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Next meeting date: Monday 28 September 2020

Time: 2.00 - 4.00 pm

Venue: Zoom - *link to be sent out*