



SOUTHERN SERVICES
REFORM GROUP

SSRG Social Programs Workgroup

Date: 12/9/19

Present: Lisa Elder, Janine Callegari, Helen Carmichael, Maria Shialis, Sally Warnes, Cathy Wiseman, Debra Beeby, Helen Sims, Justine Jackson, Mark Kruszynski, Paul van Adrighem

Apologies: Fay Millington, Sadie Godddard-Wrighton, Deb Whitford

Agenda Items	Discussion	Actions
Welcome, apologies, introductions	Group members welcomed Introductions were made	
Sharing of information about current social programs being delivered	<p>Housing Choices South Australia (Justine & Mark)</p> <ul style="list-style-type: none">• Accommodation with support• Common Ground Model <p>'The Common Ground model was introduced to South Australia by internationally-renowned community development leader Rosanne Haggerty, founder of Common Ground New York.</p> <p>Common Ground Adelaide was established in 2006 by members of the Adelaide business community and the South Australian Government bringing people on low incomes together with others at risk of homelessness in a residential complex including self-contained apartments, communal areas and office spaces with on-site support. For those in the highest need, housing is coupled with an intensive, case-managed support program to help them maintain their tenancy and improve their lives.'</p> <p>http://www.housingchoices.org.au/residents/south-australia/commonground/</p>	

- Community development model – range of programs and groups
- Junction Australia delivers a similar program in the south

City of Holdfast Bay (Paul)

- The Holdfast Bay Fish Feeders commences in October (through grant funding from the Office for Ageing Well – the Fish Feeders program, originating in the City of Onkaparinga, will be delivered in numerous locations along the metropolitan coast line)
- The Kauri Community Centre is being successfully used to run activities including Tai Chi, Zumba Gold and Yoga
- Other activities include Coffee Crawls, Carer’s chit chat, Movie mornings, Aqua-aerobics, snooker
- Positive marketing - mailouts go to 950 people

City of Onkaparinga (Lisa)

- New colouring group has commenced – mindfulness
- Ten pin bowling group successful
- New coffee group has commenced at Willunga
- Community development model used

Eastern Collaborative Project (Helen C.)

- National Gallery of Australia – art appreciation program to utilise smaller galleries for socially isolated people
- Volunteer staff are being trained at the Adelaide Art Gallery to support people with dementia – this involves art appreciation discussions
- Focus on socially isolated people – art appreciation, possibly creating art pieces

There are 3 target groups involved in this project:

- People with dementia
- People who are socially isolated
- Supporting community groups to create art

Anglicare (Helen S.)

- Social groups held on Fridays’

- Payneham church run groups which are mixed and include community members

Discussion about bus trips being very popular and the high cost of hiring buses: Janine uses the service club Kiwanis for her bus trips

Blind Welfare (Debra)

- Currently re-branding
- Maintenance service available for small jobs carried out by volunteers
- Membership of 500
- Social program – activities every day. Have 2 buses and 6 cars – people like outings. Mainly focused in the east, some in the south and north and expanding into the west
- Would like to integrate more and connect with others
- ILC funding (NDIA) – focusing on peer support developing into leadership and advocacy roles
- A choir sings at Residential Care Facilities
- Applying for funding for an arts director

City of Onkaparinga (Maria)

- Shared a trade table with City of Marion at the Men’s Shed Conference
- Attended a presentation on mindfulness for men’s shed’s – Michael Evans
- An alternative to the traditional men’s shed is the digital men’s shed

City of Marion (Cathy)

- Offer bus trips
- Twilight dinners – very popular
- Making something to take home is always successful – eg macramé
- Visits to Bunnings – potting plants
- Developing strength-based profiling – expressing strengths in a group program – working with Vanessa Leane
- Survey revealed people were missing travelling – virtual trip to Italy (power point slides), antipasto, take home lasagne and presentation

	<ul style="list-style-type: none">• Moving for Life Your Way (Active Ageing): exercise program, staff and volunteers trained, go through easy exercises, give information about exercise groups, follow up visits• Partnering with Southern Cross Care – exercise physiologist <p>Care and Share (Janine)</p> <ul style="list-style-type: none">• Developed a new brochure which is divided into activities, for example art therapy and singing• Referrals slow• Marketing through the Messenger – 7,000 postcards <p>No time to complete other agenda items Next meeting will include a mini workshop on the arts program (Helen)</p> <p>Next Meeting: Thursday 10 October, 2:00 to 4:00pm City of Mitcham</p>	
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