



SOUTHERN SERVICES
REFORM GROUP

SSRG Social Programs Workgroup
Thursday 12 August 2021

Present: Maria Shialis (SSRG), Janine Callegari and Margaret (Care and Share), Mel Kazerani (City of Marion), Lisa Elder (City of Onkaparinga), Mitch Fox (Simple Healthcare Solutions), Julie Wilhelm (Hills Positive Ageing Project), Rajna Ogrin and Kerry Rendell (Bolton Clarke Institute)

Apologies: Denise Menzies (City of Holdfast Bay), Carol Ganley (City of Marion), Lauren English (City of Mitcham), Cathy Wiseman (City of Marion), David Jacquier (Volunteering SA-NT), Fay Millington (RSB), Helen Carmichael (Eastern Collaborative Project), Helen Sims (Anglicare), Joanne Blaess (City of Unley), Kelly Quinlan (ACH), Mark Kruszynski (Housing Choices SA), Sandy Johnson-Jones (City of Onkaparinga), Sadie Goddard-Wrighton (City of Mitcham), Tracy Reed (Beyond Blindness), Justine Jackson (Housing Choices SA)

Agenda Items	Discussion	Actions
Welcome, apologies, introductions	Welcomed group members	
Guest Speakers	<p>a. Dr Rajna Ogrin, Senior Research Fellow, and Kerry Rendell, Project Manager, Bolton Clarke - Presentation on Social Prescribing projects</p> <p>Dr Rajna Ogrin, along with Kerry Rendell, gave a presentation on the Social Prescribing.</p>	<p>ACTION: Maria To send out literature around Social Prescribing</p>

	<p>They found that social connection is underpinned by four elements: choice, autonomy, dignity and respect.</p> <p>They have undertaken several projects over the years such as: (click on the green to find out more)</p> <ul style="list-style-type: none">• POWER Project: (A Peer support for Older Women to promote wellbeing and independence (POWER) – to hear more about this project click HERE)• How-R-U?: Telephone Peer Support for Isolated Individuals in Community• Being Your Best: An innovative approach to frailty and care transitions from hospital to home <p>Some websites to explore are:</p> <ul style="list-style-type: none">• Health Connections Mendip Model in the UK• National Academy for Social Prescribing for the Social Prescribing Playbook• ADMA for Social Prescribing Initiatives• Social Prescribing Roundtable November 2019 <p>Some of the findings of making social prescribing successful and very important in working with older people included relationships, trust and safety.</p> <p>There was general conversation around issues and examples within the community.</p> <p>Having a contact/someone at the clinic can be beneficial in getting the word out there. Repetition is important that they continuously reminded, and it becomes a routine.</p>	
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Next Meeting: Thursday 14 October, 2.00 – 4.00pm