



SOUTHERN SERVICES
REFORM GROUP

SSRG Social Programs Workgroup
Date: 23/04/20

Present: Maria Shialis, Janine Callegari, Trudy Gore, Deb Whitford, Sadie Godddard-Wrighton, Cathy Wiseman, Helen Sims, Lisa Elder

Apologies: Carol Ganley, Mark Kruszynski, David Jacquier, Fay Millington, Jo Blaess, Paul Van Adrighem, Kelly Quinlan, Karen Reilly, Karen Glover, Jen West, Angela Bell, Justine Jackson, Debra Beeby

Agenda Items	Discussion	Actions
Welcome, apologies, introductions	Welcomed group members	
Information and sharing	Janine Callegari – Care and Share <ul style="list-style-type: none">• Have put together pack for “Care and Share at Home”. It is a brown paper bag filled with goodies• A lot of time spent preparing packs<ul style="list-style-type: none">*the group recommended that the time be captured for stats in Data Exchange	

	<p>What are you sending out?</p> <ul style="list-style-type: none"> • Cathy – Active Ageing Exercises booklet • Janine – Exercises, positive activities • Deb – sent out to active clients, mail out pack once a month • Lisa – Sending pack out fortnightly, but also Redi Telecross and other supports for mental health, a postcard to all clients letting them know we are thinking of them • Discussions established we are all have great ideas and doing similar things <p>What goals are being set?</p> <ul style="list-style-type: none"> • Janine – things around the house, ie. Decluttering, cleaning a room • Sadie – Goals being set around exercises <p>Volunteering SA & NT project</p> <ul style="list-style-type: none"> • Trudy Gore gave an overview of her project and wanted some feedback to whether relevant in the current circumstances and what are the barriers • Lisa – there are examples in the Social Connections program, where participants had built confidence to then became volunteers. There is possible further uptake • Trudy – would like to put together a manual of how to support volunteers and what are some of the barriers. Also another toolkit to support older people. Also potentially creating a newsletter • Sadie – Participants have so much to give. Carers are coping well, due to built resilience, but possibly difficult for carers to part take • Janine – A 85 year older (volunteer) has a wealth of knowledge, who could possibly contribute advice 	<p>Cathy – Share Active Ageing resource with the group</p> <p>Lisa to let Deb know cost of postcard</p> <p>Maria – To set up a shared folder that the group can contribute/access material</p> <p>Trudy – to put together some information for potential newsletter insert. Then will send to Maria</p> <p>Maria – to distribute to the workgroup.</p>
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	<p>How often and quantity of material sent out?</p> <ul style="list-style-type: none"> • Several people were sending out information fortnightly, whilst others do monthly • Cathy – volunteers distribute packs with meals • Deb – monthly newsletter package. Printed double sided • Helen – mainly phone calls but would consider posting mail <p>Materials / Resources</p> <p>Discussion around where/what/how people resourcing activities</p> <ul style="list-style-type: none"> • Diaries from Ned's • Party section in Big W • 95 cents for pack of 12 pencils, Officeworks • Stencils • Wool needles • Yarn bombing • Kmart <p>Technology</p> <ul style="list-style-type: none"> • Discussion around how tech savvy people are • Generally speaking, there is a low uptake by people • Janine – A couple of people now buying iPads, but there is difficulty getting them set up • Lisa – 60% clients receive communication via a mail out, the remainder through email <p>How long will this last?</p> <ul style="list-style-type: none"> • A lot of effort being put into the alternative • Could last longer than we could expect 	
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	<ul style="list-style-type: none"> • Different forms of social programs, could meet in the park, however winter is about to set in • Statistically speaking number of new COVID-19 infections are decreasing • Now the issue would be dealing with the negative effect of fear & loss of confidence encountering 	
Any other business	<p>Due to current circumstances the group would like to meet fortnightly</p> <p>Calendar meeting appointment to be sent out</p>	

Next Meetings: Thursday 14 May, 2.00 to 4.00pm, Zoom Meeting