

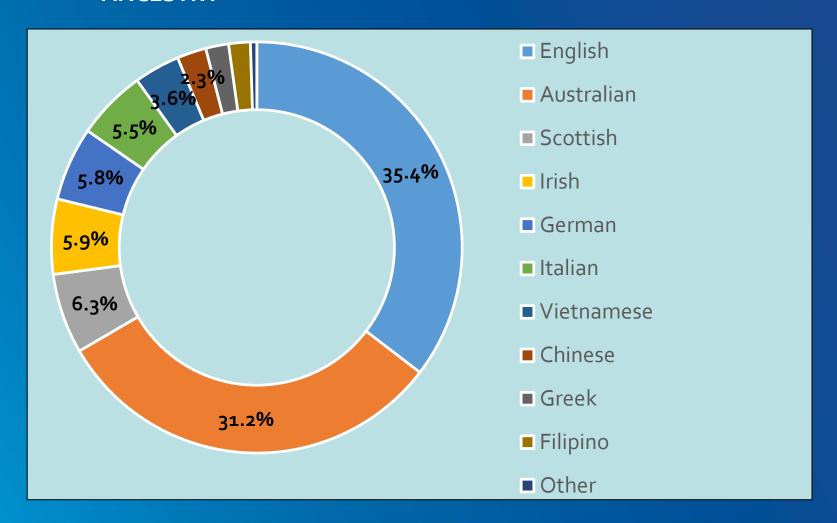
SOME FACTS

138, 535 Population
22% Speak a language rather than English at home
28% Were born overseas

5% Do not speak English well at all

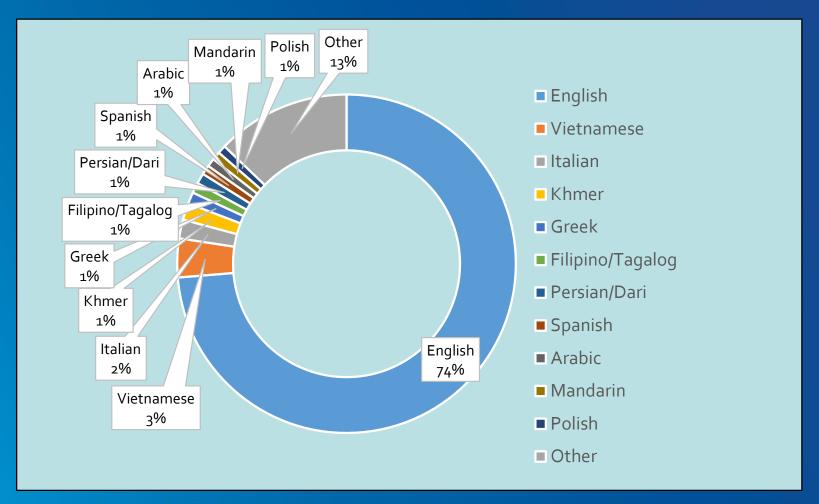
SOME FACTS

ANCESTRY



SOME FACTS

LANGUAGE SPOKEN AT HOME



City of Salisbury - Humanitarian entrants

Significant diversification over last 15 years

Including

- Afghanistan
- Middle East
- Bhutan
- Burma
- Africa



Salisbury approach

- Vision 'Flourishing City with opportunities for all
- City Plan 2030
- Intercultural Strategic Plan
- Council's Aged Friendly Strategy

Age-Friendly Salisbury - Our Vision

Salisbury is a great place to grow old where people are valued and have a strong sense of belonging



Community Health & Wellbeing Division

What We Do

- Our goal is to ensure service provision is responsive to the needs of older people and their families
- Began in 2008 to steadily address the underrepresentation of older people from culturally and linguistically diverse backgrounds (CaLD).
- 9 year focus on older CaLD communities



Community Health & Wellbeing Division

How we do it

- Division employs six bi/multi-lingual staff
- Engages 60 bi/multi-lingual volunteers
- The division works with the participants and volunteers to design programs to address these needs
- Engagement with Council's home and community care services.



Community Health & Wellbeing Division

Provide programs and services for Seniors and specifically our cultural program attached more than 850 seniors

- Bhutanese People from Nepal & India welcome too
- Bosnian
- Greek
- Italian
- Polish
- South Eastern Asian
- Spanish
- Vietnamese



VIETNAMESE GROUP





Regular programs support communities to:

- celebrate and share culture
- engage in activities that promote a sense of
 - belonging
 - citizenship
 - positive health and wellbeing outcomes.



BHUTANESE GROUP

- Started eight year ago. Membership has grown from 0 to 228.
- Facilitation of linkages to a range of organisations, community activities and health providers to build capacity and maximise health and wellbeing outcomes.



BHUTANESE GROUP

Formation of a Bhutanese Healthy Walking Group Heart Foundation Walking program





2016 SA Golden Shoes Award

- 2014 540 walks
- 2015 902 walks
- 2016 1178 walks
- 2017 1331 walks



BHUTANESE GROUP

These initiatives have built the confidence and capacity of older Bhutanese community members to

- become active citizens
- to speak up
- to express their unique spiritual and cultural practices; and
- to make meaningful contribution to their local community and council.





INTERCULTURAL



- Australia Day
- Harmony Day
- Volunteers
- Women's Health
- Age to Perfection



What have we learnt

- Many older people affected by the isolation of language & culture, impact on their health
- Traumatic events of past life, memories of violence and loss become vivid with ageing
- Family reunions 3 generations living together
- Older generation the 'culture keepers' traditional leaders of the community

What have we learnt

- Importance of relationships
- Importance of meeting in cultural groups
- People were thirsty for information.. and access to all Council services
- Importance of having bi-lingual staff

We began to understand 'ageing in a foreign land'

But, did we get the sauce right?

 No we did not get the sauce right, never will, but



