## Active for Living Keep Moving for Life

There has NEVER been a better time or more a URGENT need.



## Physical activity is inextricably linked to INDEPENDENCE, LONGEVITY and QUALITY OF LIFE.



#### **Our Vision**

All Australians living active, healthy and engaged lives at any age.

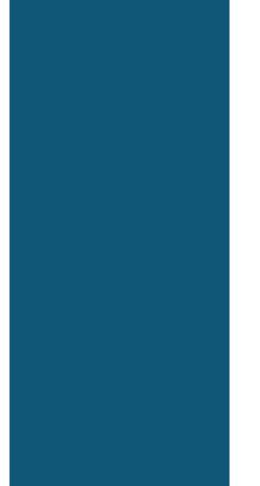
#### Our Purpose

Active Ageing Australia focuses on building capacity for All Age Friendly policies, cultures and practices across diverse sectors and communities.



#### **Community Development**

### Workforce **Development**







COMMUNITY NEWS

RESOURCES

WORKSHOPS



#### **Learning and Leading**

**CALENDAR** 

CHECK DATES
FOR ALL
WORKSHOPS &
EVENTS



















# Consultancy Services









Supporting active lives at any age.