



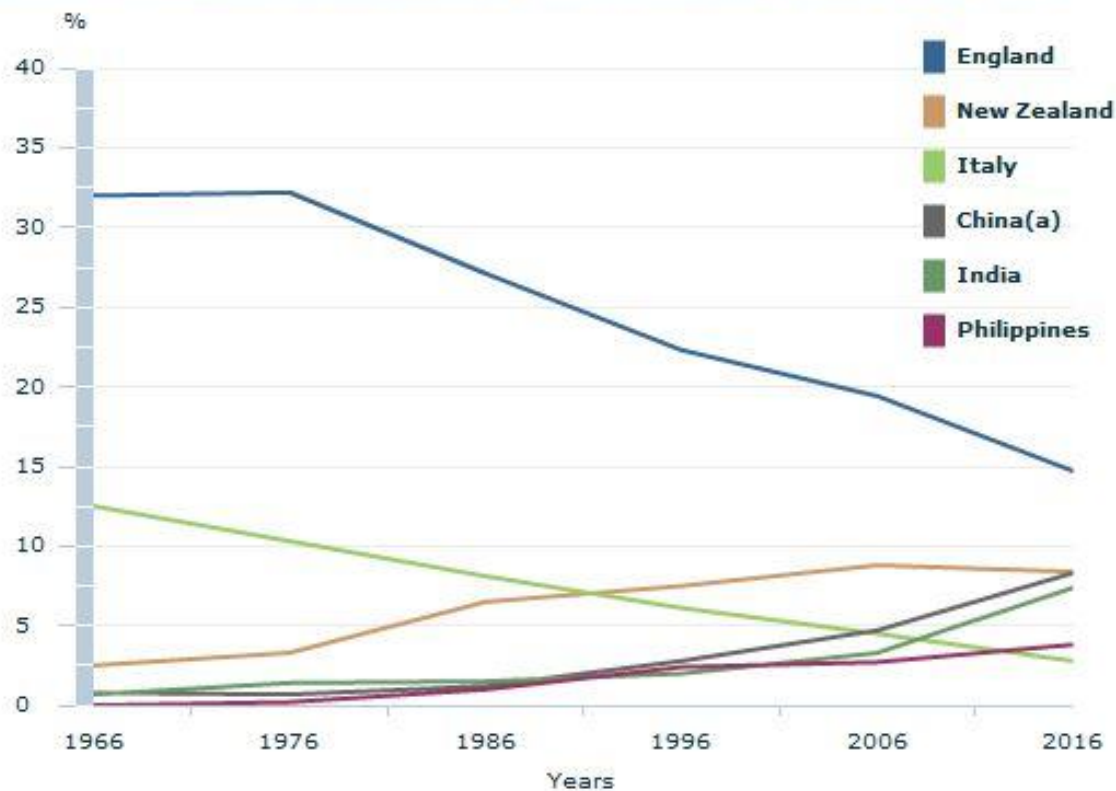
CAFE MABUHAY

*AGEING WELL
FILIPINO STYLE*



Census 2017 - new arrivals

Selected countries of birth as a proportion of the overseas-born population, 1966-2016



What do we know about CALD?

- Well represented in the over 65/80 age cohorts
- Presence for next 30 years+
- Diversity will continue and increase
- Demonstrate and reflect regional demographics
- Less proficient in speaking English... (women)
- Reverting to primary languages and cultures
- Accessing **some** services
- Preferring **some** services provided





Filipino



- Currently over 500 over the age of 65. 70% women
- Widows and Divorcees.
- Some are survivors of Domestic Violence.
- Major issues with trust and support.
- Collective culture with Strong religious association
- Preference for own community groups where culture is celebrated and traditional food is shared.





Time is all we have

44 Filipino community groups in SA :- Seniors; Dance Groups; Housing Co op; Cultural Ambassadors; Peak bodies; Religious groups; CHSP programs and more. Filipino seniors are probably the most active groups.

Organised formal (fundraising) events;

- Concerts – Filipino celebrities; Philippines Independence Day; Religious Events El Shaddai; Fiestas in Victoria Park; Mother of the Year; Miss Filipino South Australia; Seniors choir; Cultural Dance groups – Sampangita and Samahan
- Participate in SA events – Australia Day, Volunteers Day





Challenges



- Aged Related health issues
- Trust issues
- Reversion to primary languages
- Children Do Not look after the parents
- Cost of accessing aged care
- Aged Care Individualistic approach
- Broken promises from providers
- Not Culturally Appropriate Care





Cultural Intelligence

Anticipate; Acquire; Adjust; Apply

Mind your Ps & Qs

Planning, Process People

Questions, Query and Quandry





What makes it work for the Filipinos

Alay Kapwa means offering (alay) to our neighbours (kapwa) especially the poor and the oppressed, who we are and what we have as an expression of our solidarity in the plight towards integral salvation.

Communities look out for each other,

Self monitor; informal networks; visits those who are house bounds; transport others to programs and events so they don't miss out. They are very inclusive and generous.























SA delegation -







For more information

Contact MAC

Information, resources and training opportunities

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