The CADDY project

A Dementia Friendly Community initiative in the Southern Fleurieu region



PITCH PRESENTATION BY:

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SA Collaborative Projects – Putting into Practice WELLNESS & REABLEMENT EVENT – Friday 31 August 2018

The CADDY project

- empowering meaningful community participation for people living with memory loss

- the "CADDY model" is based on a golfing analogy where the 'caddy' is an enabling resource.



The CADDY initiative

- An initiative of the Southern Fleurieu & KI Positive Ageing Taskforce

- arising from community consultation about Dementia Friendly Communities which commenced in 2014 (regional Dementia Action Group)

- successful application of Age Friendly SA grant from OFTA for trial project in 2018 to 'shape and test' the model

The CADDY project partners – 2018 trial

PROJECT IMPLEMENTATION

x 2 volunteer-based social support programs (CHSP Social Support – individual)
City of Victor Harbor Caring Neighbourhood Program

• Alexandrina Council Community Connect Program

TRAINING

- Better Questions Lindsay Tighe (program staff)
- Dementia Australia & Better Practice Project (Caddy)

EVALUATION

- Jeffrey Fuller, Emeritus Professor Flinders University
- Liz Cleland, Mental Health Clinician

The CADDY Model

WELLNESS & REABLEMENT APPROACH

- challenging 'expert' opinion
- assisting people to identify strengths
- developing a meaningful profile
- wellbeing plan to guide interactions and activities

SUSTAINABILITY

- 'value-added' adjunct embedded in existing social support programs
- fits within current funding structure and resourcing
- adaptable and transferable to other client groups and/or programs



National & State Context: Age Care Reforms - Support for Community Living - Age Friendly SA Strategy 2. Purpose 1. Risk for PLWML 3. Local Context: Southern Fleurieu & KI Positive Age Friendly SA Grant Scheme: People Connected to Places Progressive withdrawal & social isolation Ageing Task Force & Social Supports Programs promoting older people's access to places & spaces, & Lack of community inclusion & support ٠ Victor Harbor & Alexandrina Councils supporting stronger connection to community activities. Loss of confidence & decline in wellbeing High aged regional demographic Caddy Initiative: Resource PLWML to maintain Dementia Friendly Communities priority meaningful engagement & community support of PLWML PATF Project Officer 11. Outputs Tools 6. Ongoing training Southern Record of Dementia Use of electronic resources process Volunteers Australia 9. Implement Wellbeing Plan (activity) 6. Initial training 5. Caddy Induction (1 hour) 11. Outcomes ٠ recruitment 4 Memory loss ٠ 10. Supervision Criteria • PLWML = awareness & & monitoring How recruited engagement ٠ support (3 hour) CARER = new Via Program Coordinators Role 8. Matching ٠ way of Coordinator or Similarity of interacting Staff interests based on 7. Develop Supervisor & Review & strengths 5. Client Wellbeing Plan client & caddy renegotiate CADDY = role recruitment meet post visits (client profile) 4. Social Support Program working with Client & caddy Criteria PLWML Identification of journal COMMUNITY = How recruited strengths (VIA) Caddy positive Carer involvement Plan meaningful ٠ supervision interactions activity to activate with PLWML meetings strengths (PERMA) My Aged Care/RAS Assumption: trained volunteer as "caddy" can support PLWML to select resources that maintain engagement in chosen activity Underpinning: wellness (positive psychology PERMA) through activation of character strengths (appreciative inquiry VIA)

CADDY PROGRAM LOGIC

Compiled by Evaluators: Jeffrey Fuller & Liz Cleland - May-June 2018

CADDY project in action



Where to from here...

- Evaluation
 - Key learnings
 - Outcomes
- Report
- OFTA (December 2018)
- Shared project report (2019)
- Embedded practice
- by host social support programs

