

The CADDY project

A Dementia Friendly Community initiative in the Southern Fleurieu region



PITCH PRESENTATION BY:

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The CADDY project

- empowering meaningful community participation for people living with memory loss
- the “CADDY model” is based on a golfing analogy where the ‘caddy’ is an enabling resource.



The CADDY initiative

- An initiative of the Southern Fleurieu & KI Positive Ageing Taskforce
- arising from community consultation about Dementia Friendly Communities which commenced in 2014 (regional Dementia Action Group)
- successful application of Age Friendly SA grant from OFTA for trial project in 2018 to 'shape and test' the model

The CADDY project partners – 2018 trial

PROJECT IMPLEMENTATION

- x 2 volunteer-based social support programs (CHSP Social Support – individual)
 - City of Victor Harbor Caring Neighbourhood Program
 - Alexandrina Council Community Connect Program

TRAINING

- Better Questions Lindsay Tighe (program staff)
- Dementia Australia & Better Practice Project (Caddy)

EVALUATION

- Jeffrey Fuller, Emeritus Professor Flinders University
- Liz Cleland, Mental Health Clinician

The CADDY Model

WELLNESS & REABLEMENT APPROACH

- challenging 'expert' opinion
- assisting people to identify strengths
- developing a meaningful profile
- wellbeing plan to guide interactions and activities



SUSTAINABILITY

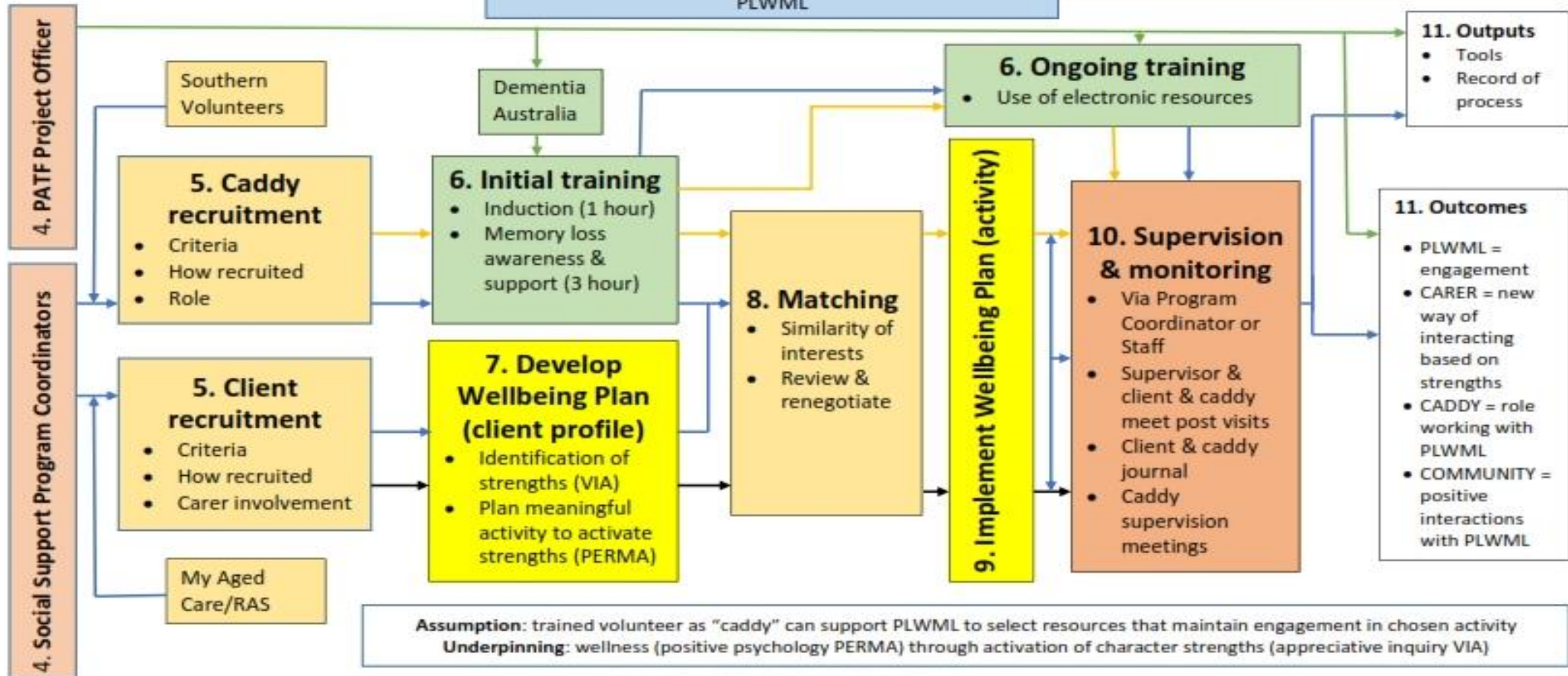
- 'value-added' adjunct embedded in existing social support programs
- fits within current funding structure and resourcing
- adaptable and transferable to other client groups and/or programs

National & State Context: Age Care Reforms – Support for Community Living – Age Friendly SA Strategy

- 1. Risk for PLWML**
- Progressive withdrawal & social isolation
 - Lack of community inclusion & support
 - Loss of confidence & decline in wellbeing

2. Purpose
Age Friendly SA Grant Scheme: *People Connected to Places*
 – promoting older people’s access to places & spaces, & supporting stronger connection to community activities.
Caddy Initiative: Resource PLWML to maintain meaningful engagement & community support of PLWML

- 3. Local Context:** Southern Fleurieu & KI Positive Ageing Task Force & Social Supports Programs
 Victor Harbor & Alexandrina Councils
- High aged regional demographic
 - Dementia Friendly Communities priority



CADDY PROGRAM LOGIC

CADDY project in action

Their journey

Their lens

Their decision



Where to from here...

- Evaluation

- Key learnings
- Outcomes

- Report

- OFTA (December 2018)
- Shared project report (2019)

- Embedded practice

- by host social support programs

