

## Ageing and Technology Workgroup Meeting Minutes

Wednesday 15 May 2019

Attendees: Michelle Young, Lisa Elder, Maria Shialis, Marianne Lewis, Sadie-Goddard-Wrighton, Sally Warnes

Apologies: Joanne Wood, Caron Henderson

- **Welcome and introductions**
- **Checked and accepted previous minutes and project planning**
- **General discussion:**
  - Carers and the new Integrated Carer Support Service
  - Workforce issues related to carer organisations and NDIS
- **Tech Savvy Seniors Program:** <https://www.telstra.com.au/tech-savvy-seniors>

Michelle suggested we have a look at this site

- Topics on the site include – **Start Learning:** *Our short ‘self-teach’ videos have been designed to make it easy to learn at your own pace, **Trainer Guides:** Training guides for presenters / Accessible formats, **Tips and Support:** Need help with your technology? Want to know what product or solution is right for you?*
- The site has been developed by Telstra. *‘Tech Savvy Seniors SA is a partnership between the South Australian Government’s Office for the Ageing, Services SA, the Libraries Board of South Australia and Telstra’*
- It appears that all the libraries partnering this project are from regional councils
- **ACTION:** Contact Telstra re possibly linking the Technology for Wellbeing website to the Tech Savvy Seniors program

- **Promoting/delivering Technology for Wellbeing**

- **ACTION:** Develop the extra training resources to complement the Tech for Wellbeing website – starting point could be what was delivered at the Catalyst Foundation.
- **ACTION:** Add ACR to communication skills and? gratitude (the what and the why)
- **ACTION:** Run a session to the region similar to what was run at the Catalyst Foundation to demonstrate how the site can be utilised
- It may be appropriate to deliver to Volunteering SA & NT
- Marketing could include phrases such as being a **'better coach'** and **'professional development'**

- **Information sharing:**

**Lisa** – The Smart Technology World Café is being run by Adelaide University @ City of Onkaparinga Friday 31 May. It is open to older residents to participate in the research.

**Sadie** – A new brochure has been developed to promote the Wellness for Carers Program.

**Marianne** – Described the Transport and Care Project: <https://www.carers-sa.asn.au/wp-content/uploads/2018/09/Transport-and-Care-Fact-Sheet-Aug-2018.pdf> **'The short pilot (started now - ending 30 June) was named "Bridge to Cars" and is operating in the Murray Bridge region – with three vehicles available for (free) hire by Not For Profit (NFP) organisations. '**

- **ACTION:** Sally to send Transport and Care Project email to all CPO's
- \*Group exercise: **reflect on you strengths.** Taking it in turns partner one is only to ask questions (not to comment or add to the conversation) and partner 2 answers the questions.