



SOUTHERN SERVICES
REFORM GROUP

SSRG Steering Committee

Date: 27/5/19

Present: Tali Warnock (Anglicare), Rima Sallis (City of Marion) (Vice-Chair), Janine Callegari (Emily – student)(Care and Share), Lui Di Venuto (City of Onkaparinga), Maria Shialis (City of Onkaparinga/SSRG), Sally Warnes (SSRG), Joanne Wood (Catalyst Foundation), Carole Matthews (Resthaven), Tania Robertson (ACNA), Katrina Head (City of Mitcham), Sarah Nicholas (James Brown),

Apologies: Monica Du Plessis (City of Holdfast Bay), Margaret Potts (Carer Support)

Agenda Items	Discussion	Actions
Welcome and apologies	<ul style="list-style-type: none">• Welcome and apologies	
Introductions and review of previous minutes	Introductions were made Previous minutes reviewed and accepted	
Hot Topic discussion	<ul style="list-style-type: none">• The next Hot Topic session is scheduled for Thursday 30 May, 2:00 to 4:00pm at Club Marion• The group was asked for some pre-questions that can be asked during the session if necessary. Suggestions were:<ul style="list-style-type: none">○ Do they marry with the old standards and how much work is down the track?○ How in depth do we do the clinical care standard?○ Outcome based evidence – how do we best prepare for this?○ Educating the consumers? How?• The group were also asked to give their feedback on who to invite as panel members for the August Hot Topic session:	

	<ul style="list-style-type: none"> ○ Make it broad and diverse – include disability, mental health, LGBTIQ ○ See what comes out of this hot topic ○ Guide Dogs or RSB ○ Catalyst or Cota – LGBTIQ ○ Local Area Coordinator’s representing disability ○ Multicultural aged care ○ ARAS indigenous officer ○ Dementia ○ Regional/rural 	
Integrated Carer Support Service	<ul style="list-style-type: none"> ● Discussed carer support changes which included who can access support and the kind of support being offered. Online support includes peer support, counselling and coaching and in person support includes carer support planning, coaching, peer support, counselling, carer directed packages and emergency respite care. For more information go to <i>New services for carers coming in 2019</i> Fact Sheet: https://www.dss.gov.au/sites/default/files/documents/03_2019/new-services-carers-information-sheet_2.pdf 	
Carer Resource & Co-production workgroup	<ul style="list-style-type: none"> ● The group viewed the new SSRG co-production film and carer resource https://www.youtube.com/watch?v=nkbyxDZRjZs&feature=youtu.be https://www.ssr.org.au/content/carers-resource-guide ● Discussed with the group whether it would be appropriate for the co-production group to continue to meet with a new focus - dementia friendly communities. Within the City of Onkaparinga there is a dementia friendly community’s workgroup and it may be possible to liaise with that group 	
Project Officer update	<p>Dementia Workgroup – Carer Resource Guide</p> <ul style="list-style-type: none"> ● The Carer Resource Guide has been completed and distributed via email to the region. ● It was promoted at a recent carer event held at McLaren Vale and further marketing is being planned in consultation with the Co-production workgroup. <p>Dementia Friendly Communities</p> <ul style="list-style-type: none"> ● There has been a request for the SSRG to join a community group based in the City of Onkaparinga to be involved in creating dementia friendly communities. ● It is also possible that the Dementia Co-production workgroup would also be involved in such a project. 	

Ageing and Technology Workgroup

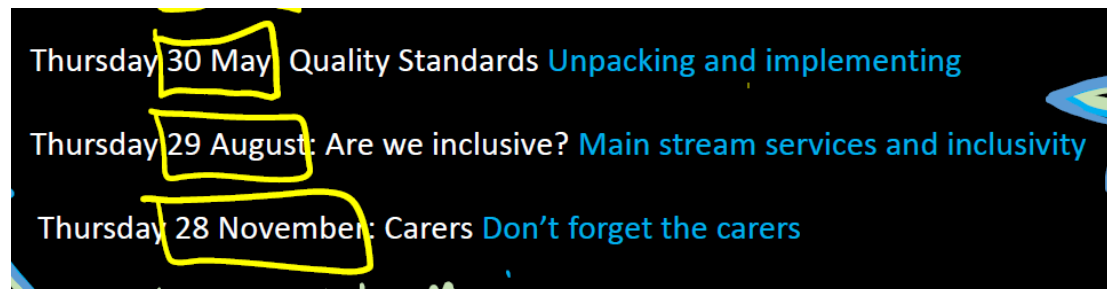
- The focus of this group has become the Technology for Wellbeing website. Recently the site was used successfully with training volunteers at the Catalyst Foundation but it was noted that it would potentially be even better if there were some added resources to assist delivering a training session. The group will create a package of complimentary helpful resources.

State-wide Collaborative Projects

- **Webazine:** a small workgroup continues to work on the content of this project. The aim is to develop a micro website containing wellness resources. A Memorandum of Understanding has been drafted to clearly identify the roles and responsibilities of all parties involved. (Collaborative Projects, City of Onkaparinga and the Catalyst Foundation)
- **Wellness Resource:** work continues to create a learning resource based on the scenarios developed for the 2018 Symposium. The launch of the resource will occur later in the year.
- **Symposium 2019:** unfortunately it seems likely that there will not be a SA Collaborative Projects Symposium this year. However a regional forum is being planned for Port Augusta which the SSRG is keen to support.

Hot Topics

- The first Hot Topic session was a success! As a result of the session a Social Programs Workgroup has been created to continue the conversation. The group will meet monthly at the City of Mitcham.
- The second Hot Topic session is scheduled 30 May – it will be exploring the implementation of the new standards. Tips and strategies will be shared by panel members from organisations already engaged with the task.
- The August Hot Topic session is about inclusivity. Are our programs inclusive for all? What panel members would you recommend?



Wellbeing and Resilience Workshops

- The SSRG supports the Quad-Council Wellbeing and Resilience Courses. Four courses were delivered in

	<p>the first few months of 2019. More courses are planned for the remainder of the year.</p> <ul style="list-style-type: none"> • The Moving Towards Wellness (self-management course) did not go ahead as planned in April due to lack of registrations from the target audience - carers. More planning to deliver this regionally will be taking place. <p>wellnessCPR</p> <ul style="list-style-type: none"> • In collaboration with Vanessa Leane a train the trainer package for wellnessCPR was developed and delivered to the Collaborative Project Officers so they would have the skills and understandings necessary to deliver the course in their own regions. <p>Mental Illness and The Older Person Workshop (ACSA)</p> <ul style="list-style-type: none"> • In collaboration with ACSA a Mental Illness and The Older Person Workshop will be delivered in the region 25 September 2019. <p>Jane Fonda: Life's Third Act https://www.youtube.com/watch?v=IHyr7p6_hn0</p>	
Information sharing	<p>Sarah Nicholas - Holdfast mini festival, 4 July @ 11:30am – Paringa Park Primary School. The children will be singing – all are welcome to attend.</p> <p>Carol Matthews - Resthaven Quality Review is due – it will be done using the old standards</p> <p>Tali Warnock – there is availability for transport in the south and west. Discussion about staff managing home care packages. There are currently low numbers taking up level 1 & 2 packages.</p> <p>Tania Robertson – business as usual. ACNA is part of the National RAS trial sites but not in SA. They are using the Active Model of assessment. Their focus is reablement which has brought about some amazing outcomes.</p> <p><i>Question – re the end date on a referral – normally the RAS will follow up with the client. Needs to be a joint decision - service review. Low level coordination can be done by the RAS.</i></p> <p><i>How strict is the end date? If not achieving the desired outcome provider's need to get back to the RAS on this. The RAS are audited on outcomes achieved.</i></p> <p>Janine Callegari – business as usual. Delivering the program using a strengths approach and goal setting. Staff are tracking clients goals – making it more streamline. Have created a more community centre look – positioned</p>	

	<p>more centralised near the kitchen. Planning to create a Men's Shed.</p> <p><i>Emily (student) shared a story – a client withdrew from the life story project – there were some challenges.</i></p> <p>Katrina Head – have been at City of Mitcham 4 months. Quality Review is due within the next 6 months against the new standards. Transition of Home Assist services to a partner arrangement – now up and running and working well. The transport program is really busy and going well. Looking at further developing the social program.</p> <p>Lui DiVenuto – have made changes to the catering roles at Elizabeth and Wakefield Houses – will be employing 2 healthy eating facilitators who will also run workshops.</p> <p><i>World Café Workshop this Friday 31 May exploring smart technologies and older people</i></p> <p>Rima Sallis – planning for a suite of wellbeing programs. On July 1st a new bus to trial – planning to link the city from north to south. Other wellbeing programs include fitness classes – in partnership with Southern Cross.</p> <p><i>Sally: Decision to deliver a wellnessCPR in the south and then a train the trainer.</i></p>	
--	--	--

Next meeting date: 23/9/19

Time: 2.00 - 4.00 pm

Venue: City of Marion, Mayors Parlour