



SOUTHERN SERVICES
REFORM GROUP

SSRG Steering Committee

Date: 25/11/19

Present: Janine Callegari (Care and Share), Sally Warnes (SSRG), Carole Matthews (Resthaven), Cathy Wiseman (City of Marion), Maria Shialis (City of Onkaparinga), Sarah Nicholas (Kalyra), Holly Taylor (student), Lui Di Venuto (City of Onkaparinga), Katrina Head (City of Mitcham), Jacqui Bowden (Assured Home Care),

Apologies: Tali Warnock (Anglicare), Joanne Wood (Catalyst Foundation), Tania Robertson (ACNA), Monica Du Plessis (City of Holdfast Bay),

Agenda Items	Discussion	Actions
Welcome and apologies	Welcome and apologies	
Introductions and review of previous minutes	Introductions were made Previous minutes reviewed and accepted – Jacqui to be added to list of attendees	
2019 Highlights	Attendees were invited to share their 2019 highlights – both professionally and personally (only the professional highlights are being recorded) <ul style="list-style-type: none">• Katrina: passed Quality Review, all Standards met• Jacqui: awesome year! Changed course mid-year, very happy to be with Assured Care.• Sarah: about to get a new Director on board, one more study topic to complete in Grief and Trauma Counselling course• Holly: just beginning in this sector, hoping for a role as a coordinator• Janine: challenging year but on the 'up' now – website created for care and share https://trinityclg.org.au/care-and-share/	

	<ul style="list-style-type: none"> • Maria: community champions have been successful delivering workshops alongside paid staff • Carole: passed Quality Review, all Standards met. A project happening where a volunteer student is making a video, art work has been created made of recycled materials for SALA - City of Mitcham are showing some of the work, for Zest Fest the Shed participants created a diversity and harmony installation at Ridgeway house <i>Discussion about recycling – Bread tags for wheelchairs https://theovershoot.com/environmental-initiatives/aussies-recycle-bread-tags-to-fund-wheelchairs-for-people-in-need/ Envisage Hands https://envision.org.au/recycling/</i> • Lui: wellbeing and resilience workshop for older men – a privilege being there. Fish Feeders is being rolled out down the coast, supported by coastal councils – community development model. Successful team day - drumming, dance and tai chi! • Cathy: collaborations a highlight – feel supported and drawing on each other’s knowledge and skills. Carers Connect in collaboration with City of Onkaparinga. It was identified that carers missed being able to travel so French and Italian sessions have been run! 	
<p>Final Hot Topic session – ‘Don’t forget the carers’ - brainstorm questions</p>	<p>The final Hot Topic session is scheduled for Thursday 28 November at the City of Onkaparinga, Civic Area</p> <p>Possible pre-questions could include:</p> <ul style="list-style-type: none"> • Are carers getting mean tested? Is it ‘user pays’? • Carer Gateway – what are the timelines? How can carers access the services? • What do we do right now for carers? How do we best support them in the interim? • Where do I send them? We need strategies now. • What about carers under 65 years? • Working carers – what has happened to those programs? • What are the statistics on residential aged care admissions during this period? Has carer stress impacted on the number of admissions? • Younger people in residential care – is carers not being supported adequately a reason for this? • Are caring responsibilities being passed along to other family members? • Is the system causing a fracture in families? 	
<p>Mini workshop – Review of the Sector Support and Development (SSD) Program</p>	<p>12. From your perspective, what are the desired outcomes of the SSD program?</p> <ul style="list-style-type: none"> • Strategic directions – reform, collaborate, responsiveness, engagement • Regional implications – gives a truer reflection of the people in each region • Strong element is ‘difference’ – difference is good – where My Aged Care is all about consistency • Drives future development of services and service ideology • Information sharing – a safe place 	

	<ul style="list-style-type: none">• Informative and approachable• Professional development• Keep up with ongoing changes• Intra and inter regional projects <p>13. What are the strengths of the SSD program?</p> <ul style="list-style-type: none">• Similar responses to question 12• Brings organisations together• Focus on the high priority topics• Sounding board• A pathway – to take concerns and escalate them• Strength of representative voice• When change needs to happen – opportunity to have a voice• Opportunity for community of practice <p>14. What are some of the key challenges facing the SSD program?</p> <ul style="list-style-type: none">• Not a requirement of funding agreement – staff cannot always get to network/workgroup meetings• Future challenge - to keep that cohesive approach• Innovation will become fragmented (we learn from each other)• Integration with health• Broaden role into public health awareness• No consistency working with health, but great opportunity	
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SSRG Project Officer Update – 25 November 2019

Ageing and Technology Workgroup

- The group is exploring how the Tech for Wellbeing site can potentially compliment and support the training that is delivered to older people in the libraries. There is interest by the 4 southern metro libraries to potentially use the training for their staff and volunteers.
- The next step is to send more information to the libraries about the SSRG, the Ageing and Technology Workgroup and the Tech for Wellbeing website.
- It is anticipated that a training session/s on the Tech for Wellbeing website will be delivered to library staff in early 2020.

Social Programs Workgroup

- The Social Programs Workgroup is continuing the conversation since delivering the first Hot Topic session in March.
- The group has participants attending from both Southern and Eastern metro regions. Number of participants = 20
- There has been a focus on sharing different models and activities and validating the approaches by examining the research.

State-wide Collaborative Projects

- **Webazine:** unfortunately, the Webazine partnership is not going ahead as planned.
- **Wellness Resource:** this project is the creation of a learning resource based on the scenarios developed for the 2018 Wellness and Reablement Symposium. The resource, an interactive pdf, is almost ready for release – the final version has been completed.
- **Regional Forum 2019:** the SSRG supported the Port Augusta Regional Forum on Thursday 24 October with the theme of *Purpose and Independence, incorporating the New Standards*. The SSRG was part of the program, giving a presentation about the Technology for Wellbeing website. Sixty participants attended the Forum, approximately 12 made the trip to Port Augusta from Adelaide. A successful networking dinner was held on Wednesday 23 October.

EVALUATION Comments included:

- a. *Fantastic – loved networking and listening about everyone’s achievements*
- b. *It was really good. Very well planned and executed. ***** (5 Stars)*
- c. *Thank you – I enjoyed every moment x*
- d. *Every presentation was really high quality!*

Hot Topics

- The third successful Hot Topic session was held in August: *Are we inclusive? Main stream services and inclusivity.*

	<ul style="list-style-type: none"> • Below is a link to the various action plans that have been developed from The Aged Care Diversity Framework: https://agedcare.health.gov.au/support-services/people-from-diverse-backgrounds/aged-care-diversity-framework-action-plans • The final Hot Topic session is about Carers and is scheduled for Thursday 28 November at Onkaparinga Council. Panel representatives include Carers SA, Resthaven Respite and the carer experience. <p>Moving Towards Wellness</p> <ul style="list-style-type: none"> • The SSRG supports the Moving Towards Wellness (self-management course) and two regional courses were run in August. Total participants were 21. • A second train-the-trainer course is scheduled for March next year to increase the number of course leaders and ensure sustainability of the program. <p>wellnessCPR</p> <ul style="list-style-type: none"> • A <i>wellnessCPR</i> workshop was delivered to 15 participants in August followed by a train the trainer course in September – 12 participants. Thirteen people attended the train-the-trainer workshop from eight different organisations – very positive outcomes. • In total, 32 people in the region have participated in <i>wellnessCPR</i>. <p>Mental Illness and The Older Person Workshop (ACSA)</p> <ul style="list-style-type: none"> • In collaboration with ACSA a Mental Illness and The Older Person Workshop was delivered in the region 25 September 2019. Attendees = 30 <p>Co-production Dementia Workgroup</p> <ul style="list-style-type: none"> • The workgroup is exploring dementia friendly communities and organisations. • Dementia friendly resources: https://www.dementiafriendly.org.au/resources • Dementia training: https://www.dta.com.au/ 	
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Next meeting date: Monday 3 February 2020

Time: 2.00 - 4.00 pm

Venue: City of Marion, Mayors Parlour