



SOUTHERN SERVICES  
REFORM GROUP

## SSRG Project Officer Update – 23 March 2020

### SSRG Staffing Update

- Maria Shialis acting in the SSRG Project Officer role

### COVID-19

- A number of our face-to-face workgroups have been postponed following government recommendations. We are currently looking at different ways to keep these groups active. For more information, contact the Coronavirus Health Information line on 1800 020 080 or go to [sahealth.sa.gov.au/COVID2019](https://sahealth.sa.gov.au/COVID2019).

### Ageing and Technology Workgroup

- The group is exploring how the Tech for Wellbeing site can potentially compliment and support the training that is delivered to older people in the libraries. There is interest by the four southern metro libraries to potentially use the training for their staff and volunteers.
- It is anticipated that training sessions will occur in the coming months – an email has been sent to prompt stakeholders to nominate training dates.  
*\*Postponed until further notice, due to COVID-19*
- The Technology for Wellbeing website project has been nominated for the 2020 Local Government Professional Leadership Excellence Awards, award category Excellence in Cross Council Collaboration.

### Social Programs Workgroup

- The Social Programs Workgroup has participants attending (n=18) from both Southern and Eastern metro regions. Number of people attended: 8
- There has been a focus on sharing different social program models and activities and validating the approaches by examining the current research. Discussed COVID-19 and impact on programs.
- Proposed social movement/campaign “Eat Together”, using food as a social medium to bring people together.  
*\*Postponed until further notice, due to COVID-19*

### State-wide Collaborative Projects

- **Wellness Resource:** this is a learning resource based on the scenarios developed for the 2018 Wellness and Reablement Symposium. The resource, an interactive pdf, is complete and ready for release. Access to the resource via the SSRG website.
- The resource will be sent out to the network shortly.
- The Better Practice Project will likely develop a workshop using the resource.

### **Moving Towards Wellness**

- The SSRG supported the Moving Towards Wellness (self-management course) 4-day Train-the-Trainer course held in March 2020, to increase the number of workshop facilitators (4 & 5 March and 11 & 12 March). Participants: 11
- Trainer update to be scheduled for early 2021

### **Co-production Dementia Workgroup**

- Maria became a Dementia Host to run Dementia Friends training
- Workgroup became Dementia Friends
- Workgroup has been exploring Action Plan opportunities, contributing to dementia friendly communities and organisations
- Distribution of Carer Resource 2020 desk planner
- Attended Onkaparinga Dementia Friendly Alliance Steering Committee meeting

### **Because I Can Online**

- Discussions with In White Space regarding proposed idea
- Workgroup to meet  
*\*Postponed until further notice, due to COVID-19*

### **Information Session**

- Aged Care Community Information Session to be delivered by COTA SA, scheduled at City of Onkaparinga Civic Centre on 6th May 10am-11.30am. Aged Care Providers will be invited to host a trade table.  
*\*Will proceed pending COVID-19 situation*

### **Quad-Council Initiatives**

#### **Mindset for Life**

- Workshops held 11, 18 Feb and 17 March at Cove Civic Centre, Hallett Cove. Host: Mindset for Life. Participants: 27 registered
- Train-the-Trainer scheduled for the future  
*\*Postponed until further notice, due to COVID-19*

#### **Because I Can**

- Workshop held 25 February at Cove Civic Centre, Hallett Cove. Host: City of Onkaparinga and City of Mitcham. Participants: 14
- Train-the-Trainer to be scheduled in the future  
*\*Postponed until further notice, due to COVID-19*

#### **Moving Towards Wellness**

- Scheduled to commence 24 March at Glandore Community Centre. Host: City of Mitcham. Participants: 12 (full capacity)  
*\*Postponed until further notice, due to COVID-19*

**Wellbeing and Resilience**

- Men's Wellbeing: Scheduled to commence 25 March at Trott Park Neighbourhood Centre. Host: City of Onkaparinga. Participants: 7  
*\*Postponed until further notice, due to COVID-19*
- Wellbeing (mix): Scheduled to commence 13 May at Cove Civic Centre, Hallett Cove. Host: City of Marion. Participants: 7  
*\*Postponed until further notice, due to COVID-19*