



SOUTHERN SERVICES
REFORM GROUP

SSRG Social Programs Workgroup

Date: 10/10/19

Present: Helen Carmichael, Sally Warnes, Helen Sims, Justine Jackson, Mark Kruszynski, Deb Whitford, Angela Bell, Sadie Godddard-Wrighton, David Jacquier

Apologies: Fay Millington, Janine Callegari, Lisa Elder, Maria Shialis, Cathy Wiseman, Debra Beeby, Jo Blaess, Paul Van Adrighem

Agenda Items	Discussion	Actions
Welcome, apologies, introductions	Group members welcomed Introductions were made	
Workshop: Art Appreciation	Socially isolated people – fewer social programs in packages, high social isolation What is art appreciation? <ul style="list-style-type: none">• Enjoying art – looking, participating• It's beautiful.... or what is it?• How it makes you feel• Sculptures – colour – cleverness• Expand your mind• Exploring what is art?• Watching people make art• Art with a theme• Colours – yellow happy etc• Dot paintings	

	<ul style="list-style-type: none"> • Co-pro group painting – creativity and fun • Staff art work <p>Why do we go to the Art Gallery/Museum?</p> <ul style="list-style-type: none"> • Get close-up – look at techniques • Exhibitions • Music and art – mesmerising – connection with others • Mona Tasmania – really engaging • What it means – what do you think art is? • The feeling of being inspired • Good conversation starter – a piece of art work • Sadie – calendar of photos of residents in Holdfast Bay – sense of contribution – reminiscence <p>Benefits</p> <ul style="list-style-type: none"> • Motivates • Community link • Think about other things • Visiting a gallery with others • Photography group – coming together for a purpose – project • Connecting people together • Art appreciation – learn to have those conversations about art – learning the language. • Seeing someone else’s view <p>Other Information:</p> <ul style="list-style-type: none"> • Mark – excursions to art gallery – security guards – intimidating / or flamboyant people! • Dementia workshops – 4 pieces of art work - engage with them, chairs provided and walk around with them • Next stage: National gallery workgroup to continue training – create resources 	
<p>Information and sharing</p>	<p>Angela (City of Marion) <i>Social Support Individual</i></p>	

Volunteers visit clients to assist them in what they may need – this includes things like how to use a phone, ipad, fill in a form. Clients generally like to go out but occasionally they can't, so the visit takes place in the home. Shopping is popular. There is currently high need and not enough volunteers. Other activities include a drive to the beach, to the cemetery or to medical appointments. The program also auspices a Polish group. If transport is required and the volunteer/worker stays with the person, it is referred to as social support individual – not transport.

On The Road Again bus trips are held every Tuesday. The group is supported by volunteers. There is also a Friday lunch destination and Wednesday movie morning (Event Cinemas Marion, free morning tea included) The Wave Maker program is popular with volunteers supporting water exercises.

David (Volunteering SA&NT)

Position vacant: Positive Ageing, Volunteering and Wellness – appointing someone into the position soon. A metropolitan-wide community transport group meets regularly to explore training opportunities and the sharing of volunteers etc. Next meeting is scheduled for 27 November. Focus on wellness and reablement - embedding wellness & reablement into position descriptions and development of podcasts. Utilising resources from Vanessa Leane and the Better Practice Project.

Deb (City of Mitcham)

Deliver lunch groups, mah-jong and men's groups X 2 'DON JUAN'. Using a small bus - Hiace Van - monthly trips but not too far and not for a full day. Currently building the Social Support Individual service. Combie crew – people with a disability meet X2 month

Next Meeting: Thursday 14 November, 2:00 to 4:00pm at Mitcham Council (Committee Room)