



SOUTHERN SERVICES  
REFORM GROUP

**SSRG Social Programs Workgroup**  
**Date: 9/07/20**

**Present:** Maria Shialis, Lisa Elder, Helen Sims, Helen Carmichael, Janine Callegari, Angela Bell

**Apologies:** Deb Whitford, Debra Beeby, Mark Kruszynski, David Jacquier, Fay Millington, Cathy Wiseman, Jo Blaess, Paul Van Adrighem, Karen Reilly, Karen Glover, Jen West, Justine Jackson, Carol Ganley, Kelly Quinlan, Sadie Goddard-Wrighton

Agenda Items	Discussion	Actions
<b>Welcome, apologies, introductions</b>	Welcomed group members	
<b>Information and sharing</b>	<b>Angela Bell – City of Marion</b> <ul style="list-style-type: none"><li>– Working from the COVID Level 2 restrictions. Risk assessing every activity</li><li>– No meal serving but providing the opportunity to purchase frozen meals. Also looking at doing meal packs (sandwich, muffin, etc. all separately wrapped) for a lunch group</li><li>– Having conversation with Marion Swimming Centre starting up the aqua group</li><li>– Movie mornings, cinemas have opened but would need to do risk assessment</li></ul>	

- Chi Ball exercise program, requesting people to purchase their own chi ball
- Community Bus, possibly putting plastic screen between driver and the assistant, to enable assistant to help with navigation. Currently doing a risk assessment
- Calling people and sending out questionnaires, regarding coming back to activities

**Helen Sims – Anglicare**

- Starting up on Friday 10 July
- Found appropriate venue to hold groups. Hopefully by August to be back at own venue
- Not advertising programs
- Working on COVID plans for each of the venues
- Looking at serving lunch but food prepared so that there is minimal handling
- People are keen to get back
- People paying through invoicing each month

**Lisa Elder – City of Onkaparinga**

- Walking groups continue to run outdoors
- Pet Companion, Ten Pin Bowling, Moving into Dance, Meditation, Mindfulness Colouring, Fish Feeders back up and running
- Newsletter send out for July
- Smaller groups, people getting themselves there. Offering a small amount of transport
- Night Owls started up but smaller groups. Offering Taxis to those that cannot get there
- Positive Ageing Centres are slowly coming back on board, smaller groups with morning and afternoon sessions
- Community Bus program is coming back. Currently working through the logistics

**Janine Callegari – Care and Share**

- Feedback survey regarding re-opening the program, concerns and feedback
- Re-opened on Wednesday 8 July. Have a COVID Safe Plan in place and completing contact tracing master sheet
- It's been great having participants back. 12 participants came on Thursday 9 July
- Transport two people per taxi
- Prompting people to use hand sanitiser
- Still accepting cash and recommend use of hand sanitiser
- New website is up and running now, long journey but worthwhile - [careandshare.org.au](http://careandshare.org.au)
- Working on branding and marketing/communication, and tying in with the website
- Team building day on Monday, looking at values and character strengths
- Feedback from participants regarding the Care & Share at Home Packs – they loved it, kept them going, helped with their mental health whilst being away

**Helen Carmichael – Eastern Collaborative Projects**

- The East is just starting social programs, staged approach
- Cash vouchers are being used, functions like a debit so there are no cash transfers
- In the transport meeting it was mentioned that an organisation negotiated with a taxi company to use “vouchers” (similar to Cabcharge) but done specifically for each client. Organisation paid for the taxi direct and the client was not charged
- First meeting to be held with Dementia Alliance in the North Terrace precinct, with the State Gallery, Museum, Adelaide City Council, Libraries etc. Working towards getting Dementia Friendly institutions on North Terrace

	<p><b>Maria Shialis – SSRG and City of Onkaparinga</b></p> <ul style="list-style-type: none"> <li>– Updating SSRG website</li> <li>– Delivering webinars to the region - Wellness &amp; Reablement in Practice, 4x interactive workshops, worked with Better Practice Project (BPP)</li> <li>– Co-producing wellbeing sessions with the Dementia Carers Co-Production workgroup</li> <li>– Information sharing and supporting networks in the region</li> </ul>	
<b>Eat Together Project</b>	<p>The group discussed the project scope; aims, how it will be delivered and next steps taking into account the current climate around COVID (see document attached)</p>	<p>Lisa (City of Onkaparinga) offered to be part of a pilot project, to determine interest.</p> <p>Option given to services providers on whether they would like to survey/have a discussion with potential participants to determine interest</p>
<b>Any other business</b>	<p>Due to current circumstances the group would like to return to monthly meetings.</p>	<p>Calendar appointment to be sent out</p>

**Next Meetings: Thursday 13 August, 2.00 - 4.00pm, Zoom Meeting**

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## Eat Together Project Scope

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SSRG Social Programs Workgroup

9 July 2020

### What is the aim?

- Great opportunity to get people together
- Socially connecting people
- Food being a social mechanism
- Information sharing platform
- Opportunity to reduce social isolation and loneliness
- Reduce the stigma of older people
- Community space

### How will the project be delivered?

- Accessible to all
- Bring or buy food/drink
- Finding a supportive venue
- Transferable model – adapting to situations, programs, increasing scope of other programs
- Co-design with older people
- Directory of times, places

### What sort of marketing?

- Organic
- Co-designing with older people
- Word of mouth
- Banners
- Newsletters and flyers

### Who is the target audience?

- Older people (community, retirement villages, etc.)
- Intergenerational

### Who are the key stakeholders?

- All providers, SA wide
- Community

### What is the proposed timeframe?

- ?? – not clear at this stage

## Next steps

- Lisa (City of Onkaparinga) has offered to be part of the pilot project, to determine whether there is interest by older people
- Some of the survey questions considered to ask older people were:
  - Would you attend?
  - What would entice you to attend?
  - What venues would you like to go to? i.e. Park, mall, exercise class
  - Would you require transport to get there?
  - What days and times would suit you?
  - Would you like to be involved in developing the project?
- Option given to services providers on whether they would like to survey/have a discussion with potential participants to determine interest