



SOUTHERN SERVICES  
REFORM GROUP

**SSRG Social Programs Workgroup**

**Date: 11/7/19**

Present: Deb Whitford, Lisa Elder, Janine Callegari, Helen Carmichael, Maria Shialis, Sally Warnes

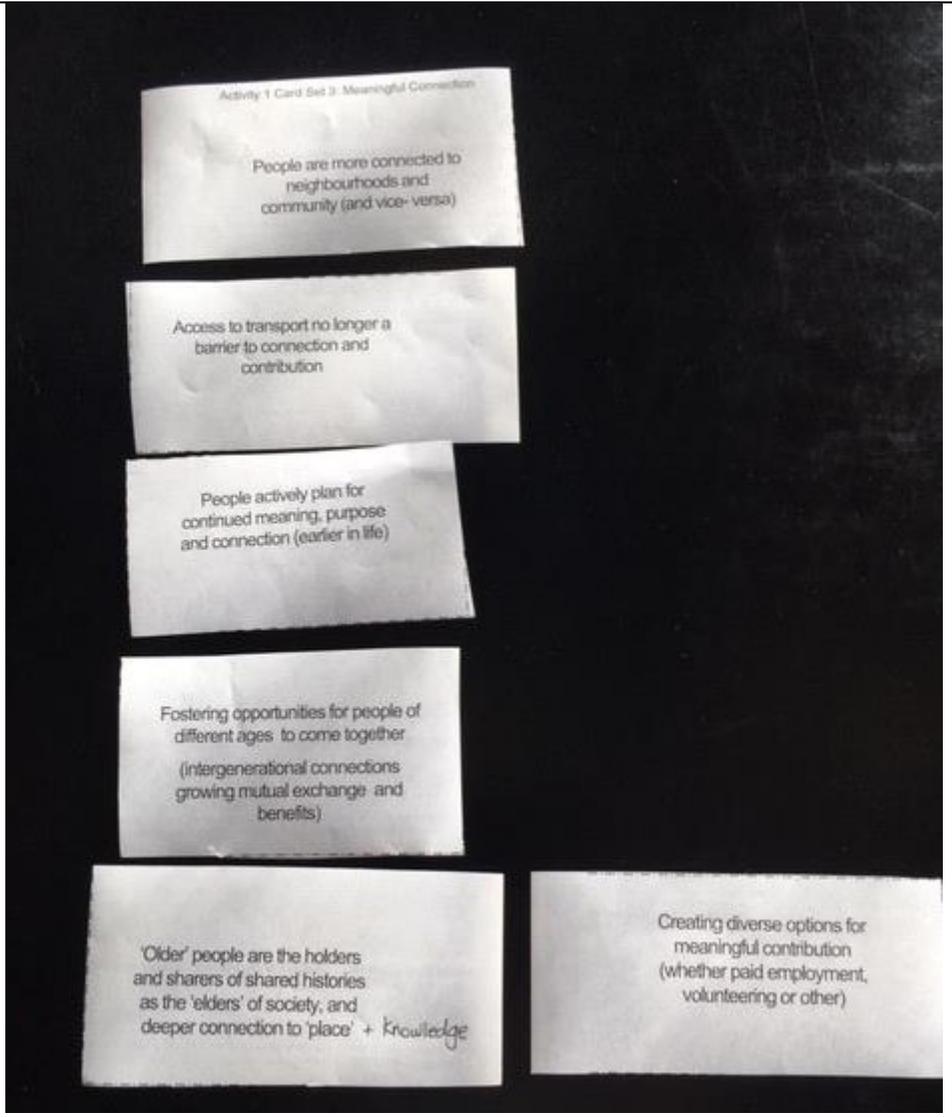
Apologies: Fay Millington, Vanessa Leane, Sadie Godddard-Wrighton

Agenda Items	Discussion	Actions
Welcome, apologies, introductions	Group members welcomed Introductions were made	
Sharing of information about current social programs being delivered	<p>City of Mitcham</p> <ul style="list-style-type: none"> <li>• Mitcham Community Centres are not used as 'drop in' sites</li> <li>• Men's group meets monthly X2 – a bus takes them to lunch venues</li> <li>• A games afternoon is in the planning</li> <li>• Out and About group meets monthly – perhaps this could be twice monthly?</li> <li>• Working on increasing Social Support Individual</li> </ul> <p>Care and Share</p> <ul style="list-style-type: none"> <li>• Marketing the program with practice nurses (GP Clinics). Includes showing the wellnessCPR tool and a taste of Care and Share (biscuits)</li> <li>• Presentation to Aged Care Alternatives</li> <li>• Starting a Men's Shed soon – coming together organically</li> <li>• The program has been moved to the Main hall – it gives it more of a community centre feel</li> <li>• Continuing to work with UniSA. The first placement has finished and will be getting a second placement student</li> </ul>	

	<ul style="list-style-type: none"> <li>• A trainer from Wade wants to connect for work experience re manual handling, communication</li> </ul> <p>City of Onkaparinga</p> <ul style="list-style-type: none"> <li>• Meeting outputs – so comfortable implementing a community development approach</li> <li>• Canasta group - a funded CHSP person wanted to play so it was advertised and there is 20 people now involved</li> <li>• Feedback forms are distributed and the program responds to new wants/needs</li> <li>• Digital literacy pilot program – 1:1 support. Currently have 2 volunteers, 16 people on wait list</li> <li>• Evening group – Night Owls – a mixture of CHSP and community members. The CHSP clients are taken on a bus.</li> <li>• Advertisements go into the Messenger, as well as the newsletter and Facebook</li> <li>• Outfit Program – outdoor gym equipment – using a personal trainer</li> <li>• Ten pin bowling – majority are CHSP but there are also some community members</li> <li>• Tap into mainstream activities</li> </ul>	<p><b>Action:</b> Useful to look at the new Standards in connection with social support</p>
<p>Community Development models – how do we make it work?</p>	<ul style="list-style-type: none"> <li>• Looked at the Community Development Toolkit <a href="http://nht.org.au/wp-content/uploads/2015/12/Community-Development-Resource.pdf">http://nht.org.au/wp-content/uploads/2015/12/Community-Development-Resource.pdf</a></li> <li>• Community development – using community or public space</li> <li>• Bringing CHSP clients and community together – self-sustaining at some point</li> <li>• Ask the group what they want to do</li> <li>• A community development model can increase CHSP numbers</li> <li>• Making it happen – Assessment: <ul style="list-style-type: none"> <li>○ Focus on social needs</li> <li>○ What do you want to achieve – goals?</li> <li>○ Collect data on what people want to do</li> <li>○ Update details annually, including updating goals</li> <li>○ Christmas break – encourage people to catch up independently</li> </ul> </li> </ul>	

Vision for Ageing Well in South Australia: Meaningful Connection

- The group worked on the 'meaningful connection' section of the Vision for **Ageing Well in South Australia, Stakeholder Response Kit**
- The 6 statements below were ordered in level of importance. (5 & 6 are of equal importance)



	<p><b>The next meeting is scheduled for Thursday 12 September, 2:00pm to 4:00pm at City of Mitcham.</b></p>	
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