

Dementia Workgroup  
Co-Production Workshop 5  
Tuesday 6 March 2018

How **do** carers want to experience respite services? How **do** they want to feel during a respite service? (confident, in control)

- I want to feel confident that he is safe and comfortable
- Relaxed, happy, calm
- Chilled
- That there is something else to talk about
- Want him safe and me relaxed, confident, reassured
- Him to enjoy it and be happy
- Relaxed, confident, reliable, happy, relieved

How **don't** carers want to experience respite?

How **don't** they want to feel during a respite service?

- Intimidated, guilty
- Stressed, anxious
- Not guilty, not stressed, not worried
- Anxious, don't want to worry about him
- Anxious, stressed, uncertain, sad