

<b>SSRG Project Plan</b>	
<b>Coordinator</b>	Sally Warnes
<b>Project Title</b>	Relinquished carers / past caring
<b>Project Management</b>	Sally Warnes
<b>Purpose &amp; Objectives</b>	To offer support, information and recognition for carers who are no longer in the caring role. Promote reconnection with community and strategies to manage a changing role.
<b>Background.</b> Summary of available data/issues	<p>Australia has almost 2.6 million carers, and around 770,000 of these are primary carers – the people who provide the most care. (Carers Australia, 2011)</p> <p><b>Definition: Relinquish</b></p> <ol style="list-style-type: none"> <li>1. To retire from; give up or abandon.</li> <li>2. To let go; surrender. (The American Heritage® Dictionary)</li> </ol> <p>The word ‘relinquish’ sounds negative and cold...and hopefully a better word can be found...but at the moment it is the best we have. Relinquished carers are those carers that cease their caring role – this could be because the person they care for has moved into residential care or they have died. For the carer, these events can cause feelings of uncertainty, loss of role, stress and sadness.</p> <p>An internet research using the words relinquished / past / former / no longer caring, came up with very little. What became evident was a lack of depth that the information offered. However, one book on the topic was discovered. It was written by Audrey Jenkinson, titled ‘Past Caring’. It explored the subject with depth and sensitivity and will be a great resource as the project progresses.</p> <p>Relinquished carers have been identified as a gap by the Carer Issues Workgroup – it’s a group that is often forgotten about. There are no funded programs and although relinquished carers are supported by organisations for a while, it generally is not ongoing.</p>
<b>Key Issues</b>	<ul style="list-style-type: none"> <li>• Currently there are a lack of resources for carers no longer in a caring role</li> </ul>

	<ul style="list-style-type: none"> <li>• Currently a service gap – lack of recognition</li> <li>• No funding at present</li> </ul>
<b>Project Description</b>	<p>Develop a web page on the SSRG website aimed at supporting relinquished carers. It will contain information, video clips, links to useful sites and ‘survival tips’.</p> <p>A rigorous consultation process will take place with carers and past carers to inform the content of the site.</p>
<b>Stakeholders</b>	Carer Support, Carers SA, Resthaven, ECH, ACH, City of Mitcham, City of Onkaparinga, City of Holdfast Bay, MIFSA, Alzheimer’s Association, Uniting Care Wesley Present and past Carers
<b>Project Scope</b> <b>What is excluded?</b>	<ul style="list-style-type: none"> <li>• This project is not focusing on service provision, but on access to useful information and resources.</li> <li>• This project is not focusing on young carers.</li> </ul>
<b>Level of Impact</b>	<p>Project impact may include:</p> <ul style="list-style-type: none"> <li>• Improve past carers health and wellbeing</li> <li>• Increase incidence of volunteering</li> <li>• Influence policy and procedures regarding relinquished carers</li> </ul>
<b>Type of Community Participation</b> <input checked="" type="checkbox"/> <input type="checkbox"/> Informing <input type="checkbox"/> Consulting <input type="checkbox"/> Involving <input type="checkbox"/> Collaboration <input type="checkbox"/> Empower	Community participation: Consulting, involving and collaborative