

SSRG Project Plan

Coordinator	Sally Warnes
Workgroup Title	Ageing and Technology
Purpose & Objectives	<ul style="list-style-type: none">• Encourage and promote the use of technology to older people• Provide detailed information (booklet) to support the use of technology to enhance the wellbeing of older people• Develop appropriate training materials for older people to successfully engage with computers and tablets
Background. Summary of available data/issues	<p>There is much discussion and research currently being done into Assistive Technologies (ATs) and Information and Communication Technologies (ICTs) which may improve quality of life, extend length of community participation, improve physical health and wellbeing, delay the onset of serious health problems and reduce family and care-giver burden.</p>
Key Issues Identified (group brainstorm)	<ol style="list-style-type: none">1. Information for consumers = expo2. Developing training = group or one on one – younger, retired, different training3. Directory of products = (independent living centre) – or beginning with the ‘need’ eg: dementia activities, from the person back4. Education of carers = own needs and caring role, educate care workers5. Central place, directory = for people and dementia6. Education of older people, including those already using technology = good lighting etc7. Learning about internet, how to access it = infrastructure8. How to select the best app9. Facebook

<p>Project description</p>	<ul style="list-style-type: none"> • This project would require engaging a social work student from Flinders University. The student’s role would include 2 parts. • The first part will be to research and collate a technology booklet about resources that are available to older people in the southern region to engage and enhance wellbeing. Information from workgroup members will contribute to building the resource. • The second role for the student would be to work with the SSRG Project Officer, Vanessa Leane and the Ageing and Technology Workgroup to produce a training film and booklet which demonstrates ways that a volunteer or service provider can support an older person to learn or engage with computers and/or tablets to explore, discover and enjoy. • The second role will be supported through work already achieved by Flourishing Lives (Vanessa Leane) and utilizing the expertise of her staff and volunteers. • Workgroup members will support the development of the training, give feedback, trial it and support evaluation of the final package.
<p>Stakeholders</p>	<p>RSB ACNA ECH City of Mitcham Resthaven ECH - Smart & Assistive Technology Carers SA ACH Holdfast Bay Council City of Onkaparinga St Johns Flinders University</p>

<p>Level of Impact anticipated: Outline degree of impact the outcome may have and what area it may have impact</p>	<p>Positive impact for older people by increasing exposure, understanding and benefits of using both assistive and communication technologies.</p>
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