



SOUTHERN SERVICES
REFORM GROUP

SSRG Workgroup Meeting
Workgroup: Carers Issues
Date: 20 January 2015

Present: Jen Day (Chair), Meredith McLeod, Filomena Occhiodoro, Valerie McMahon, Gael Porter, Deb Logos, Kate Kenning, Carol Ganly, Julie Haselgrove, Sally Warnes (Project Officer), Bev Bannister (Minutes)

Apologies: Sandy Johnson-Jones, Carole Matthews, Sharron Irwin

Agenda Items	Discussion	Actions
Welcome and apologies	<ul style="list-style-type: none">• welcome and apologies• introductions were made around the table	
Previous minutes & business arising	<ul style="list-style-type: none">• previous minutes accepted• amendment to previous minutes – Information sharing – Deb Logos – City of Marion – change to City of Mitcham• in November the group went to Adelaide Oval and attended the Gerontology Conference workshop – Professor Norah Keating• no more has been done about the Adopt a Politician project - too much work for the limited time that SSRG has remaining	<ul style="list-style-type: none">• Bev to amend minutes

<p>Discussion - launch and promotion of 'Life After Caring'</p>	<ul style="list-style-type: none"> • for the launch of the Life After Caring project there are two choices <ul style="list-style-type: none"> • organise a launch for the Life After Caring project – hold the launch soon – invite post carers, service providers – as previously discussed by the workgroup....or • SSRG are running a 'War on Loneliness' project (working title only) – this project is aimed at bringing together all the SSRG projects under one umbrella – having a focussed tool kit and marketing umbrellas with a slogan, a printed interactive wellbeing type calendar with hints, health tips, slogans etc. and possibly a desktop calendar for the computer – this project is aimed at promoting all of the projects equally and 'the SSRG going out with a bang'- the form of these resources and the launch are yet to be worked out • the group felt that the carers work may get lost and not be noticed if promoted along with all the other projects at just one launch • however...the 'war against loneliness' project gives a wider audience to promote all projects • the launch does not have to be a traditional launch with a set venue, it could, for example, be a walk with umbrellas • timelines may make it hard to hold two launches – one specifically for the carers project and another launch for the 'war on loneliness • it is about celebrating and promoting all of our projects and being able to give out all the resources that have been made as part of the projects • with SSRG winding down what do you want to happen to our carers group? – would you like our project to wind down and some people from the carers group become part of the 'war against loneliness' project? - what is the future of this group? • the group agreed that one big launch was the way to progress • need to market bookmarks in the meantime - Sally can give out to all • can we send the film to Audrey Jenkinson - author of the book Past Caring • do we keep meeting? Yes – group decided to keep meeting and 	<ul style="list-style-type: none"> • Sally to give bookmarks to all for distribution • Send message to Audrey Jenkinson re Life after caring film
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	<p>work on ideas for the calendar</p> <ul style="list-style-type: none"> • each workgroup to work on a different section of the calendar and then bring them all together • towards the end we will dissolve the workgroup and some members may then become part of the war on loneliness group • aiming for May/June as the launch of war against loneliness project • ideas for the project include - <ul style="list-style-type: none"> • drinks with little umbrellas at the launch • have links to the SSRG website on the calendar • different sayings for every month • links to all the SSRG organisations on the calendar eg. ACH, Resthaven etc • have some sort of dance troupe with umbrellas at the launch • expo style launch with different stalls showcasing each project, speakers, dancers, food, drinks, • come to library open day - get your free umbrella, have a cuppa, get resources, could have a speaker • do a skit to incorporate all projects • venues suggested include: library, Partridge House, Carrick Hill, shopping centres, have at two separate venues at the same time, surf lifesaving clubs, Arts Centre Pt Noarlunga, Marion Cultural Centre • have bags - no budget to do this • have multi-coloured umbrellas - rainbow colour, clear see through umbrellas • the group had a discussion on the name of the project – group was not fond of ‘War on Loneliness’ – it was explained that this is only a working title and not the final name • put out teasers now about the name – ‘umbrella day’ - put on website, send emails • name idea - see the light - cease the day - carpe diem 	
Project Officer	<ul style="list-style-type: none"> • the Office of the Public Advocate are providing training sessions on 	

Report	<p>Advanced Directives – SSRG will be holding two sessions - 19 February at City of Onkaparinga, 1.30 - 3pm; and 6 May at City of Marion on 9.30 - 11am - Free - for providers - can have community members - will be other sessions in other regions</p> <ul style="list-style-type: none"> • app update – there are a lot of changes needed on the app, some are change of address type changes but the majority are because of the changes that the reforms are bringing in. Due to the amount of changes we were unsure as whether to update the app but after looking at the usage statistics of the app it was decided that there were enough users to warrant the update - can we get a break down on what parts of the app people are using? - Louise will be returning to work on the app updates 	
Information Sharing	<p>Filomena – Carers SA</p> <ul style="list-style-type: none"> • planning day was good yesterday - productive and good to meet Steering Committee members <p>Kate – ECH</p> <ul style="list-style-type: none"> • vacancies for Day Program – every day except on Tuesdays • In Home Respite running at capacity • clients have been busy doing community projects – <ul style="list-style-type: none"> • knitting red poppies to be sent to Canberra • looking at community projects they want to be involved in • helping 'Days for Girls' program - putting together hygiene kits and sending overseas • Warmth project- making rugs for homeless people <p>Deb – City of Mitcham</p> <ul style="list-style-type: none"> • Don Juan group – will be starting a second men's group in Mitcham council area - up and running by February - contact Deb Logos - meet at Mitcham then go on bus trip for lunch • all social has been on summer break - groups start back next week 	

	<p>Gael – ACH</p> <ul style="list-style-type: none"> • men’s fishing group - full - can go on wait list – contact Karen Beeching • new groups starting Monday - customers with dementia - contact Liz Bridges - through Riverview and McLaren Club <p>Julie – City of Holdfast Bay</p> <ul style="list-style-type: none"> • all groups have been on summer break <p>Carol - ACH</p> <ul style="list-style-type: none"> • have HACCC vacancies • not many packages - have a few - need to have an assessment before getting package making take up delayed <p>Valerie – Alzheimer’s SA</p> <ul style="list-style-type: none"> • thanks for sending out program information to all <p>Meredith – Carer Support</p> <ul style="list-style-type: none"> • now have a closed carers group on face book with 58 carers - getting used to it - is monitored to make sure there is not too much negativity - training this morning • Carer Retreat Night in the city - Rockford Adelaide on Hindley St - Saturday 21 February – for carers only • Unwind by the Seaside – Hortas, Port Noarlunga – Thursday 22 January – for carers only • have received extra dementia funding • Pamper and Information Day - South Adelaide Football Club – Tuesday 16 June – for carers of people living with memory loss or confusion – information from Alzheimer’s SA, Independent Living Centre, Continence Resource Centre, Seniors Information Centre, Carer Respite and Community Services • Discover Yourself Day – more information to come at a later date - going to the Farm at Willunga – a cafe with art and local themes - two workshops - one workshop on colour and the other on style 	
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	<ul style="list-style-type: none"> • male carer groups going strong - issue of groups starting to be all past carers - trying to get members to go into other groups - eg past carers group 	
discussion on Steering Committee planning day	<ul style="list-style-type: none"> • a general discussion was had about the planning day 	

Next meeting date: 17 February 2015

Time: 2 - 4 pm

Venue: Committee Room, City of Mitcham