



SOUTHERN SERVICES
REFORM GROUP

SSRG Workgroup Meeting
Workgroup: Carer Issues
Date: 18 February 2014

Present: Jen Day (Chair), Carol Matthews, Sandy Johnson-Jones, Carol Ganly, Justin Adams, Gael Porter, Kate Kenning, Brenda Johnson, Meredith McLeod, Teresa Moran, Julie Haselgrove, Sally Warnes (Project Officer), Bev Bannister (Minutes)

Apologies: Filomena Occhiodoro

Agenda Items	Discussion	Actions
Welcome and apologies	<ul style="list-style-type: none">• welcome and apologies• introductions were made around the table	
Previous minutes & business arising	<ul style="list-style-type: none">• previous minutes accepted• Sally would like to do another trial of the I Can(t), three week program, and also trial a three hour session• Kate has a group that may be interested in participating• Sally sent email links to the Home Instead Booklets	Sally to send Kate information re I Can(t)

<p>Working carers project evaluations</p>	<ul style="list-style-type: none"> • post evaluations of managers and workers collated • members read through evaluations • brief discussion about results and conclusions – ongoing education is required in the workplace re working carers 	<ul style="list-style-type: none"> • Sally to write a report collating the project results and recommendations
<p>Project Update</p>	<ul style="list-style-type: none"> • Tabled Beyond the Caring Kite task list • will examine two topics per meeting, hope to be completed early May • Sally gave out an information sheet with a 'blurb' for the first two topics • Bev has started creating the webpage to give the group an idea of what it will eventually look like – feedback and adjustments made • discussion on a name to use on the 'tab' which explains the content- <ul style="list-style-type: none"> • beyond caring • beyond the caring role • beyond the caring kite - past carers • past caring • post caring....this one chosen • exiting the carers role • make the tab 'Carers Resources' - then when you hover on it you are shown two tabs - Working Carers Project and Post Caring – the Post Caring tab will then be divided into seven tabs (each topic) • needs to have an introduction and an explanation of the 'kite' connection at the top of the page • use same style of kites, all different colours for each topic • include on the Carer Resource page – Resthaven's book, With a Little Help and Pat Smytherman's booklet • National Kite Day 27 March at Semaphore – could we incorporate this in some way? • discussion on writing inclusions: <ul style="list-style-type: none"> • meanings of kites to tie into introduction • new found freedoms • letting go 	<ul style="list-style-type: none"> • Bev to make changes to the website

	<ul style="list-style-type: none"> • keeping grounded • new heights • new experiences • new journeys • creativity • playfulness • joyfulness • Sally to write a draft opening 'blurb' • have small blurb for each topic and links to websites • members can do the blurb for their own category if they wish to or Sally will write the blurb and then meet with the person • Gael will do research on legal matters • make a separate heading for 'legal matters' – it is missing – not to give advice but to link • Sandy to assist Gael with topic of legal matters • the group looked at the websites Justin had found for his topic – Employment, Education and Volunteering • how many website links do we want to include in each topic – use all if can comfortably fit onto the page • the website will need to be periodically reviewed so that we do not have out of date links • have built into the project scope that periodically members go to their category on the website and check the links are still valid then inform Bev of any updates needed • the group looked at the websites Kate had found for her topic – Recreation • maybe have an official launch - with a group of post carers - afternoon tea and show the website on the big screen – invite Messenger Press to attend • maybe get carers to test the website • if we do a launch invite Pat Smytherman • invite the 'kite lady' from Noarlunga and fly kites for the launch – Jen has details • possibly join in with Kite Day next year and promote the project - 	<ul style="list-style-type: none"> • Sally to write blurbs
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	<p>carers with a K - Kite Karers</p> <ul style="list-style-type: none"> • continue to review other topics at the next meetings - see task list 	
Project Officer Report	<ul style="list-style-type: none"> • Seniors Southern Services Directory app is now available for android • Sally went to an event run by Southern Adelaide Health Alliance, organised by Medicare Local – attendees were a mix of workers from both health and community sectors and the aim was to identify possible 100 day projects that could be started now. One of the groups was discussing discharge planning and how better information can be accessed by the health sector. The Seniors Southern Services Directory App was presented and the group were enthusiastic about possibly designing a project around marketing the App. 	
Information Sharing	<p>Sandy - Onkaparinga Respite</p> <ul style="list-style-type: none"> • changing things slightly and now looking at developing carer training, carer groups, carer information • started CPR Carer training - may have vacancies on 27 March session at Elizabeth House - 9.30-12.00 - light lunch provided – will send the information out to the group <p>Meredith McLeod – Carer Support</p> <ul style="list-style-type: none"> • renovations are in progress at the southern centre • trialling CDC's for young adult carers and some older carers • attended the Dignity in Care Conference - nice to see carers acknowledged <p>Carole Matthews – Resthaven</p>	

	<ul style="list-style-type: none"> • vacancies in day programs • some vacancies for nights at Ridgeway House • Hersey Cottages are full <p>Kate Kenning – ECH</p> <ul style="list-style-type: none"> • few vacancies in day program <p>Carol Ganly - ACH</p> <ul style="list-style-type: none"> • HACC services available in inner south – Marion, Holdfast and Mitcham areas <p>Gael Porter – ACH</p> <ul style="list-style-type: none"> • Riverview vacancies Wednesday and Friday - cost for full day \$24.50 and half day \$12.25 <p>Brenda Johnson – City of Mitcham</p> <ul style="list-style-type: none"> • looking forward to retirement - has two more meetings with the group • replacement will attend the meetings <p>Julie Haselgrove – City of Holdfast Bay</p> <ul style="list-style-type: none"> • mail out to all carers - combined all carers - invited 180 to attend High Tea by the Sea at the Grand - 40 carers attended - good event with lots of interaction – as a result of the feedback sheet carers will be invited to attend more events <p>Justin Adams – Uniting Care Wesley</p> <ul style="list-style-type: none"> • newsletter recently sent out to carers - copies available • Carer Lounge – opening day on February 26 - space to run events and courses, or for carers to spend time there <p>Sally Warnes – SSRG</p> <ul style="list-style-type: none"> • SAPOL Home and Personal Safety presentations for consumers - workers can also attend – encourage your clients to attend - you can 	
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	<p>book for your client - free sessions</p> <p>Teresa Moran – Alzheimer’s SA</p> <ul style="list-style-type: none"> • Understanding Dementia – free information session for people who are concerned about their memory or the memory of someone they care about - sessions January to June – Burnside Community Centre - see flyer handed out • Living with Residential Care – support group – meeting third Thursday of each month – Fullarton Park Centre - see flyer for details • library information and resource centre - see flyer - able to borrow resources for activities – catalogue available • list of Alzheimer’s SA programs for season is on SSRG website • Family Carer Program – When they need more care – 24 April – Oaklands Park • Teresa to send flyers to Bev for mail out 	
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Next meeting date: 18 March 2014

Time: 2 – 4 pm

Venue: Committee Room, City of Mitcham