



SOUTHERN SERVICES
REFORM GROUP

SSRG Workgroup Meeting
Workgroup: Carer Issues
Date: 16 July 2013

Present: Jen Day (Chair), Louise Fuller, Chris O'Brien, Meredith McLeod, Justin Adams, Brenda Johnson, Filomena Occhiodoro, Julie Haselgrove, Stephanie Papps, Carol Ganly, Sally Warnes (Project Officer), Bev Bannister (Minutes)

Apologies: Julie Milburn, Carole Matthews, Teresa Moran, Sharron Irwin

Agenda Items	Discussion	Actions
Welcome and apologies	<ul style="list-style-type: none">welcome and apologies	
Previous minutes & business arising	<ul style="list-style-type: none">previous minutes acceptedamend minutes: Information sharing/ Meredith (Carer Support) – have two part time Aboriginal workers - overlapping days – sharing role - working wellpost surveys from ECH given to Sally	

<p>Evaluation of project</p>	<ul style="list-style-type: none"> • will again ask Trent to evaluate all post surveys once they are collected • Sally to write a report once evaluations are complete • maybe the report can be highlighted at an event/conference in the future 	
<p>Project discussion</p>	<ul style="list-style-type: none"> • the group looked at the previous minutes to regather thoughts on 'where we are at' with the 'relinquished carers' project • we need to ask carers what they want • talk with Resthaven (Carol) re background information when they made the booklet "With a Little Help" • the carers group in Victor/Fleurieu region developed a book about relinquishing care – put together by Pat Smitherman • possibly invite Pat Smitherman to come and talk to the group • Sally has done research on the internet - there is not much information available for relinquished / past carers • online workbook for carers - can we do this? More and more people are becoming computer savvy – is this the way to go? • could we include the Victor/Fleurieu book as one of our resources? – put it on the website? • ? make a youtube clip • the group discussed information found on the internet which Sally distributed • the group had a discussion on other names for relinquished carers – retired, former, past • possibly organise the meeting with Pat Smitherman at City of Onkaparinga so it is not as far for her to travel • think about questions we would like to ask Pat – • the group discussed the project proposal and gave feedback • would like to have a completed project proposal to show Pat • can have a page on the SSRG website totally focussed on relinquished carers providing links to other services and information 	

	<ul style="list-style-type: none"> • possibly organise a focus group - people who have stopped caring in the last five years or so • survey carers • maybe connect with university students to do research on the topic • surveys already done by universities - can we tap into the results somehow? • few statistics are available on carers • could ask Dr Mandy Stanley for information, statistics etc if she knows anything • how important are the stats?...do they take away from what the group needs to focus on? • start thinking of who could be invited to a focus group • idea – a much broader focus group...inviting not only past carers....have views from a range of people...a completely different process • interesting to try both types of focus groups...closed and open...compare outcomes 	<ul style="list-style-type: none"> • Sally to negotiate a time and date with Pat to attend carers workgroup meeting • Sally to write the project proposal <ul style="list-style-type: none"> • Sally to do more research
Project Officer Report	<ul style="list-style-type: none"> • Government extends funding for HACC Assessments and centre-based day care (service groups 2 and 4). Older Australians will continue to be assessed for care services, such as meals and personal care, in the lead up to the introduction of the new Commonwealth Home Support Program. Older people will also continue to enjoy social activities, outings and meals as the Government has extended funding for centre-based day care. The Minister for Mental Health and Ageing, Senator Jacinta Collins, has approved the extension of funding from 30 June 2014 to 30 June 2015 so that people continue to have access to Commonwealth HACC services. • My Aged Care website launched – there are a few issues to be sorted out • Peta Braendler (NACA) spoke to the Steering Committee about the Gateway & reforms 	

<p>Seniors Southern Services Directory Report</p>	<ul style="list-style-type: none"> • there is a delay with the pocket version of the directory - coming soon • large printed copies of the pocket pal were shown to the group • advertorial shown to the group & postcards distributed - use for promotion • app is available in the iTunes store to download for free • components of app on SSRG website - fact sheets and pocket pal info • Sally and Louise will be attending the Gerontology Conference and Disability & Ageing Expo to promote the app • Louise & Sally will be doing a presentation for social workers at Flinders Hospital • Louise has a couple of weeks left of her contract – focusing on the marketing plan • At the SRA report launch Sally did a presentation about the app resource • Louise has spoken with TAFE and they were impressed with the resource and will be incorporating the app into their course work • updates will be made regularly 	
<p>Information Sharing</p>	<p>Julie – City of Holdfast Bay</p> <ul style="list-style-type: none"> • attended Disability Care Launch and the Accommodation Carer Conference <p>Meredith – Carer Support</p> <ul style="list-style-type: none"> • couple of retreats mentioned last meeting - went well - 42 people attending one retreat and ten people attending the other • new office extension hopefully happening at the end of August - hope to have space available for activities, meetings • Carer Support are looking into having an electronic version available of the newsletter and a hard copy of the calendar only <p>Filomena - Carers SA</p>	

	<ul style="list-style-type: none"> • just back from leave • Human Rights Commission booklet re working carers sent to Sally for distribution to larger group <p>Justin – Uniting Care Wesley</p> <ul style="list-style-type: none"> • focussing on running extra events • art project for carers to create a mural • male carer fishing trip • consultation with Aboriginal carers • new program for carers of people with mental illness coming soon - Acceptance Commitment Therapy – copy to be sent to Bev for distribution <p>Carol - ACH</p> <ul style="list-style-type: none"> • have some program vacancies <p>Stephanie - MIFSA</p> <ul style="list-style-type: none"> • respite house programs running as usual • Woman’s Business program happening next month • Come and Try Program usually for participants with mental illness but today’s session has attracted three carers - maybe need to run a session specifically for carers • one on one support available in the south 	
--	------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	--

Next meeting date: 20 August 2013
Time: 2.00 – 4.00 pm
Venue: Onkaparinga Council, Civic Area